

SCRUBS CLUB OVERVIEW



Scrubs Club is a high school grade, activity-based, health career exploration program that was designed to enhance student knowledge of a broad array of health occupations by having them “test drive” various health careers and procedures through a variety of hands-on activities, meaningful field trips, and thought-provoking lesson plans. The goal of this program is to encourage students to consider a health occupation as a future career choice and inspire them to complete their high school education and continue to post-secondary studies in health occupations.

Scrubs Club is the winner of the AHEC Center Award for Excellence in Health Careers Recruitment and has been implemented throughout the United States.

HOW IS SCRUBS CLUB UTILIZED?



Scrubs Club contains 28, 90-minute health career exploration and life skills lesson plans that are extremely adaptable. The program binder is tabbed by academic grade; however, each of the lesson plans can be effectively used in the sequence that best suits the instructor's teaching style and needs.

The program itself has been successfully utilized as a three-year, longitudinal program; an afterschool program; a joint, multi-school weekend workshop; and incorporated into daily classroom curriculum. Scrubs Club also meets New York State Career Development & Occupational Studies Core Curriculum and Learning Standards.

WHO SHOULD INSTRUCT SCRUBS CLUB?



The Scrubs Club instructor does not need to have clinical experience to facilitate the program. The success of Scrubs Club relies on the ability of the school or organization to identify an instructor/facilitator who can recruit and organize students and manage this simple, turnkey, comprehensive curriculum. Some suggested potential instructor backgrounds could include:

- Health Educators
- Family and Consumer Science Teachers
- Youth Program Instructors
- School Nurses
- Guidance/Career Counselors
- Physical Education Instructors
- School Administrators
- Teachers

WHAT TYPES OF ORGANIZATIONS WOULD MOST BENEFIT FROM THE SCRUBS CLUB PROGRAM?



Scrubs Club is currently being utilized by high schools, at-risk youth programs, afterschool programs, community-based career workshops, BOCES, Science & Technology Entry Programs (STEP), and other Area Health Education Centers throughout the United States, including New York, New Jersey, Massachusetts, California, Connecticut, Indiana, Kentucky, Alabama, Wisconsin, and Texas.

WHAT IS INCLUDED?



Scrubs Club is a complete, turnkey program requiring one-time purchase price of \$1,500 (plus \$50 shipping), which include the complete Scrubs Club curriculum binder, separate toolkit containing all of the supplies necessary to conduct each of the lesson plans, customer support, and automatic curriculum updates when applicable.



SCRUBS CLUB IS A PROVEN, PRACTICAL, AND EFFECTIVE HANDS-ON APPROACH TO MAKE A TANGIBLE IMPACT ON STUDENT CAREER CHOICES.



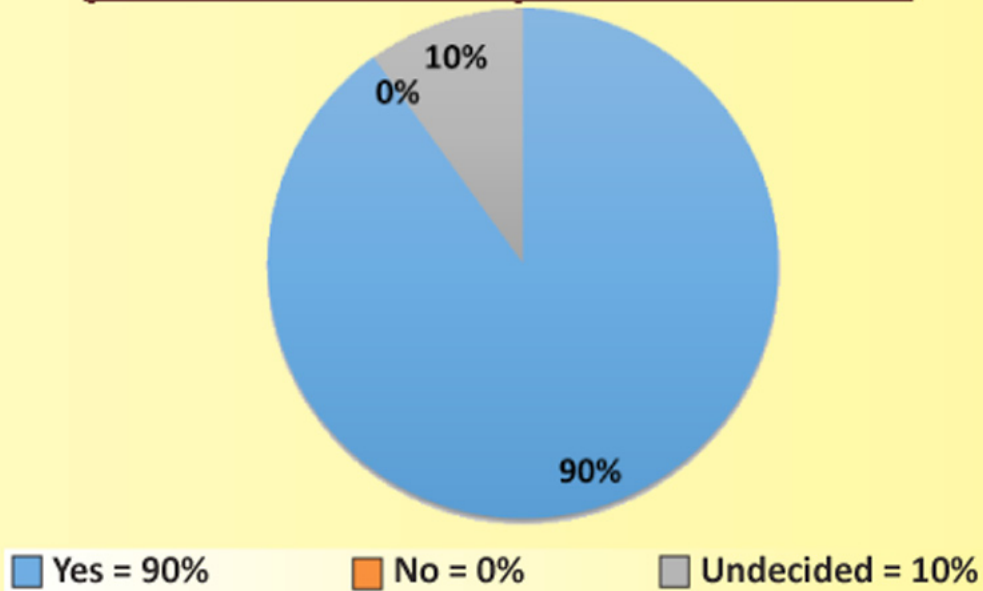
The Scrubs Club pilot program was launched at Dover High School in 2013 with 21 student members. During the duration of the program, membership had increased to 31 students who remained in the program throughout their high school education. The initial projected outcomes for this program were that 100% of the students that participated in this pilot program would graduate high school; 75% of them would pursue a post-secondary education; and 75% would pursue a healthcare career. A program content evaluation and impact survey was conducted in March 2015, prior to the student's graduation. The survey results exceeded all projected outcome expectations.

Continue to view the results

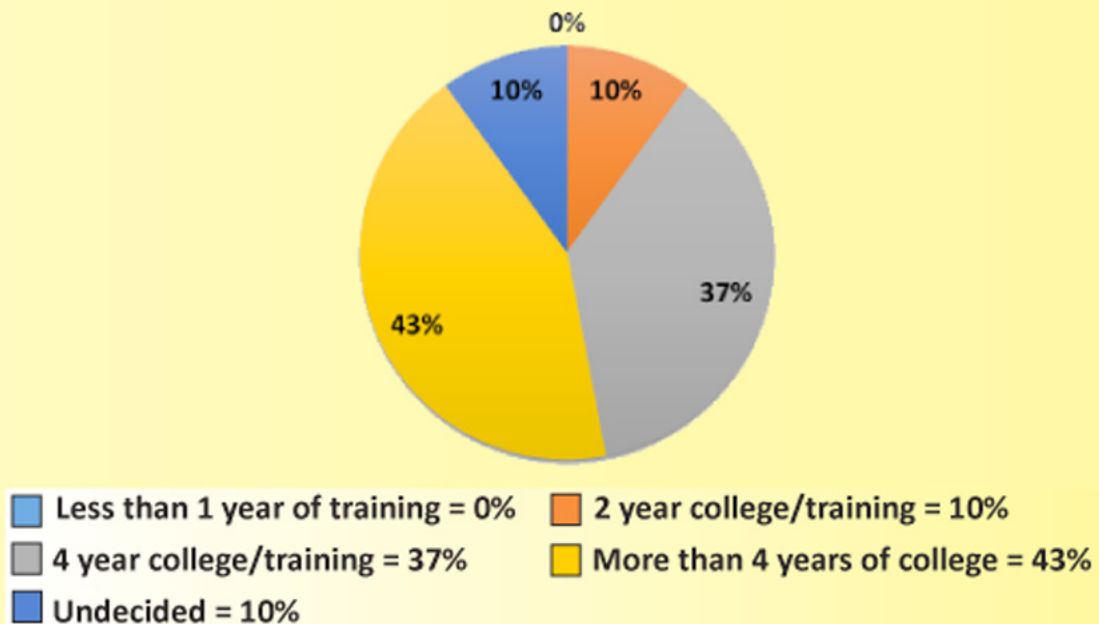
Program Evaluation



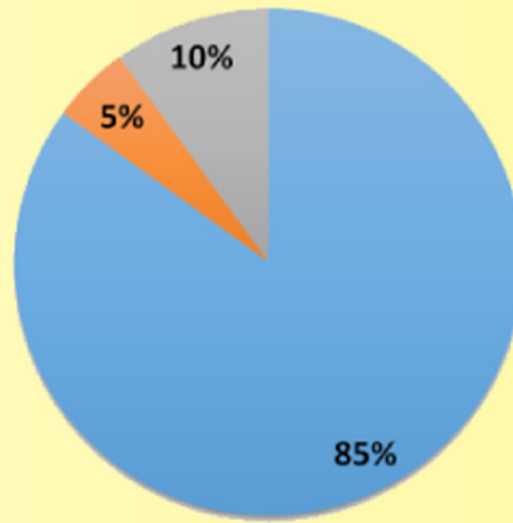
Upon completing high school, do you plan to continue your education?



If yes, please indicate level of schooling.

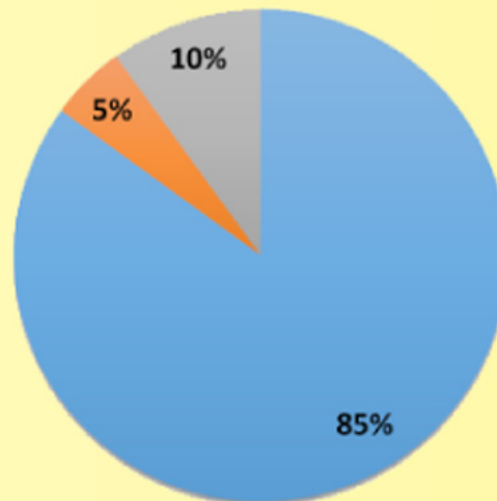


Are you planning a career in health care?



■ Yes = 85% ■ No = 5% ■ Undecided = 10%

Did participating in Scrubs Club influence your decision to pursue a health care career?



■ Yes = 85% ■ No = 5% ■ Undecided = 10%

STUDENT TESTIMONIALS

"Scrubs Club focuses on the future and preparing us for the real world/careers. It motivated and prepared me to make important decisions about careers I didn't even know existed."

"Scrubs Club caters more towards people who don't have knowledge about a certain field, whereas, other clubs are for people who know a lot about the topic."

"Now I know why I have to study so hard in school. If I want to come to a school like this someday, I will need to get good grades." *(This statement was a result of a tour of Touro College of Osteopathic Medicine.)*

"Great program! It really helped me envision my future and where I would like it to go ... and it's a lot of fun!"

"I love the opportunities it gave us and the information it provided us with."

HOW HAS SCRUBS CLUB INFLUENCED YOUR CAREER PATH?

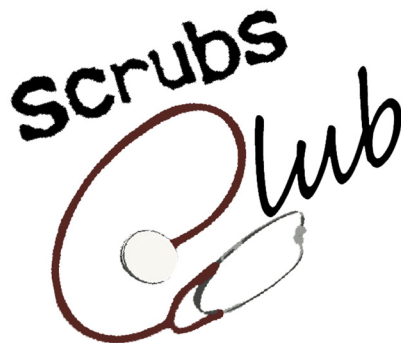
"Scrubs Club has helped me eliminate certain careers from perspective career choices and narrow down what I really want to do."

"I knew I wanted to get into the medical field and Scrubs Club helped me realize what medical field I was most interested in"

"When I joined Scrubs Club, I realize that everywhere you go, you need healthcare. It's a growing field and health professionals are in demand. It's just a great career choice."

QUESTIONS?

If you have additional questions regarding Scrubs Club, please contact our staff at (845) 883-7260 or email kdoyle@chahec.org.



Pathways to Health Careers