



## NEWS RELEASE

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FOR IMMEDIATE RELEASE

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### **Webutuck High School Institutes Scrub Club Program**

Webutuck High School will hold its first Scrub Club afterschool session this week with fifteen enthusiastic, health-career minded students in attendance. Scrub Club is a health career exploration program conceptualized by Catskill Hudson Area Health Education Center (AHEC) and developed in collaboration with the Foundation for Community Health. The curriculum and accompanying toolkit are designed to introduce students to various healthcare careers through engaging, hands-on activities and real-life experiences.

Funding for the Webutuck High School Scrub Club program was provided by the Foundation for Community Health. The Foundation invests in people, programs and strategies to improve the health of residents in northern Litchfield Hills and the Harlem Valley.

"We are very excited to implement Scrub Club here at Webutuck and offer our students this unique health career exploration opportunity." states Ken Sauer, High School Principal/Director of Health and Physical Education.

The Scrub Club program was completed last year and made available to schools throughout the Catskill Hudson AHEC 11-county region and beyond. Thus far, five area schools have implemented Scrub Club either into their daily curriculum or as an afterschool program, and additional schools, youth programs, and community programs are positioned to implement the program in the next academic year.

Catskill Hudson AHEC is a non-profit organization devoted to improving the quality, geographic distribution and retention of healthcare professionals and stimulating interest in health professions careers through innovative programs across its 11-county service area. For additional information on Scrub Club, please visit [www.CHAHEC.org/programs](http://www.CHAHEC.org/programs) or call (845) 883-7260.

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