March 20, 2015

FOR IMMEDIATE RELEASE

CONTACT: Katherine Doyle
Catskill Hudson AHEC
kdyle@chahec.org
(845) 883-7260

Scholarie Scrubs Club Tours BODYWORLDS

As part of the Scrubs Club program, the Scholarie Scrubs Club students participated in a field trip to BODYWORLDS in New York City on March, 18th. This exhibit allows visitors to explore human anatomy, physiology, and health through a series of full body plastinates, individual organs, and transparent body slices.

“The tour was self-guided and it was interesting to see each student take a different approach. Some students went through the exhibit quickly, only to return to revisit and study the exhibits further. Other students read each exhibit description and studied the intricacy of the anatomy displays.” stated Stacey Simeon, school Nurse at the Middleburgh Central School District and Scrubs Club faculty advisor.

The BODYWORLDS exhibition offers audiences a rare opportunity to better understand the sophistication, and fragility of our own bodies through an extensive variety of displays, such as healthy and diseased organ comparisons and the embryonic stages of life, to name a few.

“This was nothing I have ever seen before. I didn’t know what to expect, but this was awesome! I really liked that I could see into a human body and get a really unique view of our anatomy.” stated Amber Prichard, Scholarie Scrubs Club student. “It’s much better than pictures.”

The Scrubs Club program was developed by Catskill Hudson Area Health Education Center (AHEC) and was designed to introduce high school students to various health occupations as future career options through hands-on activities and meaningful field trips. The versatility of the Scrubs Club curriculum allows users to utilize the program as a longitudinal program, an afterschool activity, or it can easily be incorporated into daily school curriculum. The Scholarie Scrubs Club is a collaboration between Cobleskill-Richmondville, Middleburgh, and Scholarie High Schools which has implemented as a longitudinal program that meets once a month.

Catskill Hudson AHEC is a non-profit organization whose mission is to address regional healthcare workforce shortages through education and collaborative community relationships to assist students, career seekers, and health professions. For additional information on Scrubs Club or other Catskill Hudson AHEC programs and services, please visit www.CHAHEC.org/programs or call (845) 883-7260 to speak with a staff member.
Testimony of a Dover Scrubs Club Student

The Scrubs Club program was developed by Catskill Hudson Area Health Education Center (AHEC) during 2012 and launched as a pilot program initiated at Dover High School during the 2012-2013 school year with 21 student members. Since that time, the staff at Dover High School has taken over implementation of the program and membership has increased to 30 students who have engaged in a variety of interactive programs, hands-on activities, and meaningful field trips designed to introduce these students to various health occupations as future career options.

On March 18th, one of those students spoke to the Eastern Dutchess Rural Health Network of her experience as a Scrubs Club member. The Network, through Hudson River Health Care, has funded both the Dover and Wappinger high school Scrubs Clubs for the past three years.

"Scrubs Club exposes us to so many aspects of the medical field and helps us find something we love!" stated Breanna Pilger, 3rd year Dover Scrubs Club student. "It’s great to have a club that shows you what your future can look like. We go over salaries, work hours, and responsibilities. We have real life experiences to show us what we would be dealing with when we agree to do a job. I wouldn’t be a hospital volunteer if it weren’t for Scrubs Club," said Breanna.

Scrubs Club has been implemented throughout the Catskill Hudson AHEC 11-county region. The program’s curriculum is completely versatile and can be utilized as a longitudinal program, after-school activity, or can easily be incorporated into daily school curriculum. For additional information on Scrubs Club, please visit [www.CHAHEC.org/programs](http://www.CHAHEC.org/programs) or call (845) 883-7260 to speak with a staff member.

Catskill Hudson AHEC is a non-profit organization whose mission is to address regional healthcare workforce shortages through education and collaborative community relationships to assist students, career seekers, and health professions.

From left to right: Sheila DePasqua, AmeriCorps Member, Hudson River HealthCare; Breanna Pilger and Alicia Daniel Rosado, Dover Scrubs Club Student Members; and Kathryn E. Reed, Executive Director, Catskill Hudson AHEC.

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NEWS RELEASE

May 21, 2015
FOR IMMEDIATE RELEASE

CONTACT: Katherine Doyle
Catskill Hudson AHEC
kdoyle@chahec.org
(845) 883-7260

Sheila DePaola’s AmeriCorps Service Comes Full Circle

For the past year and a half, Sheila DePaola, AmeriCorps member with Hudson River HealthCare, has become an integral partner of the Catskill Hudson Area Health Education Center (AHEC) Scrubs Club initiative. This program was created and developed by Catskill Hudson AHEC to inform and guide high school students toward healthcare as a future career option through engaging, hands-on lesson plans. Sheila’s benevolent nature, can-do approach, and enthusiasm for Scrubs Club has greatly supported the program throughout the many accomplishments it has made. Sheila’s service is scheduled to conclude in July, when she will seek full-time employment.

“Sheila is one of the most dynamic young ladies I have had the pleasure of working with. She truly is an exemplary ambassador of the AmeriCorps program. Her intellect and enthusiasm will be greatly missed, but I am confident she will excel in her future endeavors.” stated Kathryn Reed, former Executive Director for Catskill Hudson AHEC.

The benefits of Sheila’s work for Catskill Hudson AHEC and Scrubs Club has been immeasurable and unexpectedly beneficial to her future plans.

“Working with Catskill Hudson AHEC as part of my Community HealthCorps service assignment was an incredible learning opportunity,” stated Sheila. “Prior to my service at Catskill Hudson AHEC, I was uncertain about my career path after AmeriCorps. But, as I was assisting high school students with the Scrubs Club lessons, I was also learning about health career options and the possibilities for my future career. The combination of my background in education, the supportive team at Catskill Hudson AHEC, and my Scrubs Club experience helped me discover my passion for health education,” she said.

Sheila hopes to work with youth in underserved communities and continue to teach both youth and adult wellness classes. She also has interests in helping combat childhood obesity through nutrition education and access to healthy foods.

Catskill Hudson AHEC is a non-profit organization whose mission is to address regional healthcare workforce shortages through education and collaborative community relationships to assist students, career seekers, and health professions. For additional information on Scrubs Club and other programs, please visit www.CHAHEC.org/programs.
NEWS RELEASE

March 4, 2015
FOR IMMEDIATE RELEASE

Stewart’s Shops Supports Schodaric Scrub Club

Schodaric Scrub Club, a collaborative, multi-school effort between Cobleskill-Richmondville, Middleburgh, and Schodaric High Schools, recently received additional funding support of $2,000 from the Stewart’s Shops Corporate Giving Office.

"Stewart’s Shops is committed to giving back to all our shops’ communities. We are pleased to support a program which will not only benefit youth by providing a pathway to a rewarding medical career but also help make our communities healthy." Susan Dale, President Stewart’s Foundation.

The Scrub Club program was created by Catskill Hudson Area Health Education Center (AHEC) to help high school students build solid futures by introducing them to a broad array of healthcare careers through interactive programs, hands-on activities, and inspiring field trips. To date, thirteen schools and at-risk youth programs are currently utilizing Scrub Club as a longitudinal program, an afterschool program, a cooperative community educational effort, or they have incorporated it into their daily curriculum. The goal of Scrub Club is to engage students through encouragement and mentoring programs to demonstrate that continuing their education beyond high school can be meaningful, engaging, and relevant to their future.

Schodaric Scrub Club will soon take a field trip to the BODYWORLDS exhibition in New York City as part of the Scrub Club curriculum. Field trips such as this are possible with support from their funders, which include Fenimore Asset Management, Cobleskill Regional Hospital, Sterling Insurance, and now Stewart’s Shops.

Catskill Hudson AHEC is a non-profit organization whose mission is to address regional healthcare workforce shortages through education and collaborative community relationships to assist students, career seekers, and health professionals. For additional information on programs and services, please contact the staff at Catskill Hudson AHEC at (843) 883-7260 or visit their website at www.chahec.org.

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NEWS RELEASE

March 26, 2015
FOR IMMEDIATE RELEASE

CONTACT: Katherine Doyle
Catskill Hudson AHEC
kdoyle@chahec.org
(843) 883-7260

Webutuck Scrubs Club Visits Sharon Hospital

Webutuck High School Scrubs Club student members recently took a field trip to Sharon Hospital as part of the program’s hands-on curriculum, giving them a first-hand introduction to various health occupations as potential career choices. Students began their tour through the busy Emergency Room, becoming familiar with the hospital admittance process and fast-paced work environment. They also visited the Containment Room, where patients with highly infectious diseases arrive before entering the facility. They were able to speak with a nurse who recently returned from Sierra Leone, working with Ebola patients.

After visiting the laboratory, where they got a behind-the-scenes look at how blood samples are processed and learned about the various technology used in pathology, blood typing, and screenings, the students expressed an interest in seeing the morgue. There they became fascinated with “organ jars” and saw a genuine enlarged human heart. Lastly, they went to the birthing suites, reaffirming to the students the importance of all of the health professions they explored during the tour.

Scrubs Club is a health career exploration program conceptualized by Catskill Hudson Area Health Education Center (AHEC), designed to introduce students to various healthcare careers through engaging, hands-on activities, meaningful field trips, and real-life experiences. Eleven programs have been implemented to date in area high schools, BOCES, and community-based, at-risk youth programs throughout the Catskill Hudson AHEC 11-county region. In addition, the program is receiving national attention and has been sold to four educational institutions outside the Catskill Hudson AHEC region in the Midwestern and southern U.S.

Funding for the Webutuck High School Scrubs Club program was provided by the Foundation for Community Health, Eastern Dutchess Rural Health Network, and Northeast Dutchess Fund, a fund of the Berkshire Taconic Foundation.

Catskill Hudson AHEC is a non-profit organization devoted to improving the quality, geographic distribution and retention of healthcare professionals and stimulating interest in health professions careers through innovative programs across its 11-county service area. For additional information on Scrubs Club, please visit www.CHAHEC.org/programs or call (843) 883-7260.
NEWS RELEASE

Foundation for Community Health Funds “Scrubs Club” for Housatonic Valley Regional High School

Contact: Katherine Doyle
(845) 883-7260
February 11, 2016
IMMEDIATE RELEASE

In their unwavering support, The Foundation for Community Health has awarded a grant of $950.00 to Catskill Hudson Area Health Education Center (AHEC) to enable the students of the Housatonic Valley Regional High School in Connecticut to benefit from the Scrubs Club after-school healthcare careers program. To date, The Foundation for Community Health has also awarded grants to support the Scrubs Club program at Webutuck and Taconic Hills High Schools, as well as being instrumental in initiating the program at Dover High School.

“We are looking forward to integrating this program in our district and helping students to consider pathways in the health field,” stated Dr. Pam Vogel, Assistant Superintendent.

Scrubs Club is a complete and highly adaptable turnkey program that enables high school students to experience, first-hand, the real-life roles, responsibilities, and rewards of serving in the healthcare field by “test driving” various occupations through the program’s engaging and relatable lesson plans, hands-on activities, thoughtful exercises, and meaningful field trips. Scrubs Club was conceptualized and developed by Catskill Hudson AHEC in collaboration with the Foundation for Community Health to encourage students to consider a health occupation as a future career choice, inspiring them to complete their high school education and continue to post-secondary studies or vocational training in the health field.

“We are looking forward to working with Housatonic Valley Regional High School to enrich the Scrubs Club experience,” said Tricia Harrity, Executive Director of the Northwestern Connecticut Area Health Education Center who assisted in the placement of the program.

The Foundation for Community Health invests in people, programs, and strategies that work to improve the health of the residents of the northern Litchfield Hills and the Greater Harlem Valley.

Catskill Hudson AHEC is a 501c3 non-profit organization whose mission is to address regional healthcare workforce shortages through education and collaborative community relationships to assist students, career seekers, and health professionals. For additional information on programs and services, please contact the staff at Catskill Hudson AHEC at (845) 883-7260 or visit their website at www.chahec.org.

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Catskill-Hudson Area Health Education Center
598 Route 299, Highland, New York 12528
(845) 883-7260 Phone  (845) 883-7837 Fax
www.chahec.org
NEWS RELEASE

Contact: Katherine Doyle
(845) 883-7260

April 30, 2014
IMMEDIATE RELEASE

Scrub Club to be implemented in Catskill School District

Through funding awarded by the Hudson Valley Foundation for Youth, Columbia Memorial Hospital has been able to sponsor the implementation of “Scrub Club” at Catskill High School. “Our hope is to begin the program in early September for the freshman students.” stated Kate Farrell, Catskill School Superintendent.

The Scrub Club program was developed by Catskill Hudson Area Health Education Center (AHEC) and is designed to help high school students build solid futures by introducing them to a broad array of healthcare careers through interactive programs, hands-on activities, and meaningful field trips. The goal is to engage students through encouragement and mentoring programs to demonstrate that continuing their education beyond high school can be meaningful, engaging, and relevant to their future. By fostering long-term partnerships among businesses, educators, community-based organizations and parents, Scrub Club helps prepare young people to meet the challenges and requirements of careers in the healthcare industry in today’s knowledge-rich society.

Catskill High School is one of seven high schools and organizations throughout the Catskill Hudson AHEC region to implement Scrub Club since its release in 2013.

Catskill Hudson AHEC is a non-profit organization devoted to improving the quality, geographic distribution and retention of healthcare professionals and stimulating interest in health professions careers through innovative programs across its 11-county service area. For additional information on Scrub Club, please visit www.CHAHEC.org/programs or call (845) 883-7260.

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NEWS RELEASE

February 26, 2014
FOR IMMEDIATE RELEASE

Catskill Hudson AREA HEALTH EDUCATION CENTER

CONTACT: Katherine Doyle
Catskill Hudson AHEC
kdoyle@chahec.org
(845) 883-7260

Webutuck High School Institutes Scrub Club Program

Webutuck High School will hold its first Scrub Club afterschool session this week with fifteen enthusiastic, health-care minded students in attendance. Scrub Club is a health career exploration program conceptualized by Catskill Hudson Area Health Education Center (AHEC) and developed in collaboration with the Foundation for Community Health. The curriculum and accompanying toolkit are designed to introduce students to various healthcare careers through engaging, hands-on activities and real-life experiences.

Funding for the Webutuck High School Scrub Club program was provided by the Foundation for Community Health. The Foundation invests in people, programs and strategies to improve the health of residents in northern Litchfield Hills and the Harlem Valley.

"We are very excited to implement Scrub Club here at Webutuck and offer our students this unique health career exploration opportunity," states Ken Sauer, High School Principal/Director of Health and Physical Education.

The Scrub Club program was completed last year and made available to schools throughout the Catskill Hudson AHEC 11-county region and beyond. Thus far, five area schools have implemented Scrub Club either into their daily curriculum or as an afterschool program, and additional schools, youth programs, and community programs are positioned to implement the program in the next academic year.

Catskill Hudson AHEC is a non-profit organization devoted to improving the quality, geographic distribution and retention of healthcare professionals and stimulating interest in health professions careers through innovative programs across its 11-county service area. For additional information on Scrub Club, please visit www.CHAHEC.org/programs or call (845) 883-7260.

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Tabor Foundation Fund supports Scrub Club with $1,500 Grant

Catskill Hudson Area Health Education Center (AHEC) of Highland, New York has received a $1,500 grant from the Tabor Foundation Fund, a fund of the Berkshire Taconic Community Foundation, toward funding of the first year of the Scrub Club program to be implemented at the Dover High School during the 2012-13 school year.

Scrub Club is was launched as a pilot program initiated in the Dover School District. It is designed to help high school students build solid futures by introducing them to a broad array of healthcare careers through interactive programs, hands-on activities, and meaningful field trips. The goal is to engage students through encouragement and mentoring programs to demonstrate that continuing their education beyond high school can be meaningful, engaging, and relevant to their future. By fostering long-term partnerships among businesses, educators, community-based organizations and parents, Scrub Club helps prepare young people to meet the challenges and requirements of careers in the healthcare industry in today’s knowledge-rich society.

“Berkshire Taconic Community Foundation is pleased to support the launch of this program through our Northeast Dutchess and Tabor Foundation Funds,” stated Maev O’Dea, Program Coordinator for the Berkshire Taconic Community Foundation. “Encouraging high school students to aim for healthcare careers has the potential to benefit not just those students but the entire community,” added Ms. O’Dea.

The Scrub Club program was conceptualized by and developed in collaboration with the Foundation for Community Health.

Catskill Hudson AHEC is a non-profit organization devoted to improving the quality, geographic distribution and retention of healthcare professionals and stimulating interest in health professions careers through innovative programs across its 11-county service area.

Berkshire Taconic Community Foundation celebrates 25 years of building stronger communities and helping donors make a difference through charitable giving in northwest Litchfield County, CT; Berkshire County, MA; and Columbia County and northeast Dutchess County, NY. Each year, the foundation distributes over $7 million through grants and scholarships to nonprofits and individuals in the arts and education, health and human services and environmental protection. Berkshire Taconic is a 501(c)(3) nonprofit public charity.

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Dover Scrub Club Kickoff Mixer

Catskill Hudson Area Health Education Center (AHEC) of Highland, New York, launched Scrub Club at a Student Mixer on December 12, 2012. Fourteen Dover High School students and 6 parents/guardians were in attendance. The Mixer was organized to provide a forum for Scrub Club students to meet each other and to review the 2013 program schedule. Parents had the opportunity to observe a student ice breaker exercise, ask questions, and learn more about the program. Students were presented with Scrub Club scrub tops at the end of the Mixer that they will be able to wear throughout their 3 year participation in the program. One of the students commented that they were “Excited to see what’s next.”

A total of 20 students were accepted to participate in Dover Scrub Club. Some of the students were unable to attend the Mixer, but many sent emails stating that they are looking forward to the next session, which is scheduled for January 17, 2013. Sessions will be held on the second Thursday of each month thereafter.

Scrub Club was launched as a pilot program initiated in the Dover Union Free School District. It is designed to help high school students build solid futures by introducing them to a broad array of healthcare careers through interactive programs, hands-on activities, and meaningful field trips. The goal is to engage students through encouragement and mentoring programs to demonstrate that continuing their education beyond high school can be meaningful, engaging, and relevant to their future. By fostering long-term partnerships among businesses, educators, community-based organizations and parents, Scrub Club helps prepare young people to meet the challenges and requirements of careers in the healthcare industry in today’s knowledge-rich society.

The Scrub Club program was conceptualized by and developed in collaboration with the Foundation for Community Health. Scrub Club sponsors include the Foundation for Community Health, the Eastern Dutchess Rural Health Network, Kaye Surman, Councilwoman for the Town of Dover, Hudson River Healthcare, Tabor Foundation Fund, Northeast Dutchess Fund, Lions Club of Dover Plains, First Student Inc., and Select Sportswear Co. Organizations interested in becoming a Scrub Club sponsor are encouraged to contact Catskill Hudson AHEC at (845) 883-7260.

Catskill Hudson AHEC is a non-profit organization devoted to improving the quality, geographic distribution and retention of healthcare professionals and stimulating interest in health professions careers through innovative programs across its 11-county service area.

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NEWS RELEASE

July 12, 2012
FOR IMMEDIATE RELEASE

CONTACT: Katherine Doyle
Catskill Hudson AHEC
kdoyle@chahec.org
(845) 883-7260

Catskill Hudson AHEC receives a $250 Grant from the Lion’s Club of Dover Plains

Catskill Hudson Area Health Education Center (AHEC) of Highland, New York has received a donation of $250 from the Lion’s Club of Dover Plains, New York, to help develop and support Scrub Club.

Scrub Club is designed to help high school students build solid futures by introducing them to a broad array of healthcare careers through interactive programs, hands-on activities, and meaningful field trips. The goal is to engage students through encouragement and mentoring programs to demonstrate that continuing their education beyond high school can be meaningful, engaging, and relevant to their future. By fostering long-term partnerships among businesses, educators, community-based organizations and parents, Scrub Club helps prepare young people to meet the challenges and requirements of careers in the healthcare industry in today’s knowledge-rich society.

Recognition of thanks for this contribution goes to local Town of Dover Councilwoman, Kaye Surman, whose commitment to the Scrub Club not only compelled her to lobby for this donation from the Lion’s Club, but she and her husband, Alan (Dutchess County Legislator, District 24), generously matched the $250 donation. “We are honored to be a part of this important project as educational developments such as the Scrub Club will genuinely enhance the future of our most prize possession, our children.” stated Mrs. Surman.

Catskill Hudson AHEC is a non-profit organization devoted to improving the quality, geographic distribution and retention of healthcare professionals and stimulating interest in health professions careers through education across its 11-county service area. For additional information on the Scrub Club or Catskill Hudson AHEC, please visit www.CHAHEC.org.

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July 12, 2012
FOR IMMEDIATE RELEASE

Catskill Hudson AHEC receives a $2,500 Grant from the Northeast Dutchess Fund

Catskill Hudson Area Health Education Center (AHEC) of Highland, New York has received a $2,500 from the Northeast Dutchess Fund, a fund of the Berkshire Taconic Community Foundation, to help develop and support the Scrub Club program to be implemented at the Dover High School during the 2012-13 school year. Scrub Club is designed to help high school students build solid futures by introducing them to a broad array of healthcare careers through interactive programs, hands-on activities, and meaningful field trips. The goal is to engage students through encouragement and mentoring programs to demonstrate that continuing their education beyond high school can be meaningful, engaging, and relevant to their future. By fostering long-term partnerships among businesses, educators, community-based organizations and parents, Scrub Club helps prepare young people to meet the challenges and requirements of careers in the healthcare industry in today’s knowledge-rich society.

The Scrub Club program was conceptualized by and developed in collaboration with the Foundation for Community Health.

“We are very excited that the Scrub Club program has generated so much interest and support from local communities”, states Kathryn Reed, Executive Director of Catskill Hudson AHEC. “The funds will be used for non-personnel costs directly related to implementing and running this program in the first year.”

Catskill Hudson AHEC is a non-profit organization devoted to improving the quality, geographic distribution and retention of healthcare professionals and stimulating interest in health professions careers through innovative programs across its 11-county service area.

Berkshire Taconic formed the Northeast Dutchess (NED) Fund in 2002 to improve the quality of life in Amenia, Clinton Corners, Dover Plains, Millbrook, Millerton, North East, Pine Plains, Stanford, Washington, Wassaic, Wingdale and their hamlets. Grants have been awarded on an annual basis to libraries, community centers, school districts, women shelters and child care programs across the region.

Berkshire Taconic Community Foundation celebrates 25 years of building stronger communities and helping donors make a difference through charitable giving in northwest Litchfield County, CT; Berkshire County, MA; and Columbia County and northeast Dutchess County, NY. Each year, the foundation distributes over $7 million through grants and scholarships to nonprofits and individuals in the arts and education, health and human services and environmental protection. Berkshire Taconic is a 501(c)(3) nonprofit public charity.

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News Release

November 27, 2012
FOR IMMEDIATE RELEASE

Scrub Club Welcomes Dover High School Students

Catskill Hudson Area Health Education Center (AHEC) of Highland, New York, sponsor of the Scrub Club for the Dover High School, is pleased to welcome twenty Dover High School students to the program. After careful application and references review, the Scrub Club Committee is assured that excellent candidates were chosen for this program. Congratulatory letters were sent to the students for their accomplishment and a Welcome Mixer will be held in December for them and their parents/guardians.

Scrub Club was launched as a pilot program initiated in the Dover Union Free School District. It is designed to help high school students build solid futures by introducing them to a broad array of healthcare careers through interactive programs, hands-on activities, and meaningful field trips. Scrub Club will begin in January 2013 and requires a 3-year commitment by these students.

“The Scrub Club is a welcome addition for our students. It provides them with an array of needed skills for college and career readiness. It will also offer exposure to hospitals through field trips, enabling them to observe jobs in the medical field that they may not have known about. This community of students will work and grow together through high school and will also help future Scrub Club members as we progress.” stated Mike Tierney, Superintendent of Dover Union Free School District.

The Scrub Club program was conceptualized by and developed in collaboration with the Foundation for Community Health.

Catskill Hudson AHEC is a non-profit organization devoted to improving the quality, geographic distribution and retention of healthcare professionals and stimulating interest in health professions careers through innovative programs across its 11-county service area.

For additional information on Scrub Club, please visit www.CHAHEC.org/programs or call our office at (845) 883-7260.
NEWS RELEASE

October 30, 2012
FOR IMMEDIATE RELEASE

First Student, Inc. Joins Dover High School Scrub Club

Catskill Hudson Area Health Education Center (AHEC) of Highland, New York, sponsor of the Scrub Club for the Dover High School, is pleased to partner with First Student, Inc., North America’s leading school bus transportation services company. First Student has agreed to provide an integral component to the success of the program — in-kind local transportation services that will enable Scrub Club members to be transported to and from local field trips.

Scrub Club was launched as a pilot program initiated in the Dover Union Free School District. It is designed to help high school students build solid futures by introducing them to a broad array of healthcare careers through interactive programs, hands-on activities, and meaningful field trips. The goal is to engage students through encouragement and mentoring programs to demonstrate that continuing their education beyond high school can be meaningful, engaging, and relevant to their future. By fostering long-term partnerships among businesses, educators, community-based organizations and parents, Scrub Club helps prepare young people to meet the challenges and requirements of careers in the healthcare industry in today’s knowledge-rich society.

“This is a great student engagement and empowerment program and we are happy to be a partner in this endeavor,” stated Susan Langton, Assistant Contract Manager for First Student, Inc.

The Scrub Club program was conceptualized by and developed in collaboration with the Foundation for Community Health.

Catskill Hudson AHEC is a non-profit organization devoted to improving the quality, geographic distribution and retention of healthcare professionals and stimulating interest in health professions careers through innovative programs across its 11-county service area.

Organizations interested in becoming a Scrub Club sponsor are encouraged to contact Catskill Hudson AHEC at (845) 883-7260.

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Dover Scrub Club Practices Teamwork

On April 11, 2013, eighteen members of Dover Scrub Club learned about the challenges and rewards of working together during the Teamwork session of the series of afterschool Scrub Club activities. The objective of this activity was for students to have a first-hand learning experience of the importance of working together as a team in all aspects of life using effective communication to complete tasks successfully.

Scrub Club was conceptualized by Catskill Hudson Area Health Education Center (AHEC) and developed in collaboration with the Foundation for Community Health. It is designed to help high school students build solid futures by introducing them to a broad array of healthcare careers through interactive programs, hands-on activities, and meaningful field trips.

During this session, students viewed the Virtual Hospital Tour on DVD as they followed a patient’s admission to the hospital for a broken leg that required surgery, through the various departments of the hospital for treatment, to the patient’s discharge and follow-up. Students learned that, although each department of the hospital and health profession had their own specific contribution to the patient’s care, they worked together as a team for the best patient outcome. They also learned about various health occupations and their relation to the process of the patient’s recovery.

Following the Virtual Hospital Tour video, students watched a presentation that reiterated the importance of teamwork, and became engaged in activities to demonstrate working together as a group. The activities included maneuvering a hoop around a circle of students without breaking the circle, and an exercise where the students had to write a word or statement as a team, using one writing instrument. Students found these activities challenging and fun.

Catskill Hudson AHEC is a non-profit organization devoted to improving the quality, geographic distribution, and retention of healthcare professionals and stimulating interest in health professions careers through innovative programs across its 11-county service area.

Organizations interested in becoming a Dover High School Scrub Club sponsor or schools in need of information on how to obtain this program should contact Catskill Hudson AHEC at (845) 883-7260.
NEWS RELEASE

April 16, 2013
FOR IMMEDIATE RELEASE

CONTACT: Katherine Doyle
Catskill Hudson AHEC
kdoyle@chahec.org
(845) 883-7260

Dover Scrub Club BODYWORLDS Field Trip

On April 11, 2013, eighteen members of Dover Scrub Club learned about the challenges and rewards of working together during the Teamwork session of the series of afterschool Scrub Club activities. The objective of this activity was for students to have a first-hand learning experience of the importance of working together as a team in all aspects of life using effective communication to complete tasks successfully.

Scrub Club was conceptualized by Catskill Hudson Area Health Education Center (AHEC) and developed in collaboration with the Foundation for Community Health. It is designed to help high school students build solid futures by introducing them to a broad array of healthcare careers through interactive programs, hands-on activities, and meaningful field trips.

During this session, students viewed the Virtual Hospital Tour on DVD as they followed a patient’s admission to the hospital for a broken leg that required surgery, through the various departments of the hospital for treatment, to the patient’s discharge and follow-up. Students learned that, although each department of the hospital and health profession had their own specific contribution to the patient’s care, they worked together as a team for the best patient outcome. They also learned about various health occupations and their relation to the process of the patient’s recovery.

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Catskill Hudson AHEC is a non-profit organization devoted to improving the quality, geographic distribution, and retention of healthcare professionals and stimulating interest in health professions careers through innovative programs across its 11-county service area.

Organizations interested in becoming a Dover High School Scrub Club sponsor or schools in need of information on how to obtain this program should contact Catskill Hudson AHEC at (845) 883-7260.
NEWS RELEASE

December 9, 2013
FOR IMMEDIATE RELEASE

CONTACT: Katherine Doyle
Catskill Hudson AHEC
kdoyle@chahec.org
(845) 883-7260

Taconic Hills School District Implements Scrub Club

With the continued support of the Foundation for Community Health, Scrub Club: Pathways to Health Careers, will be implemented into the Taconic Hills High School in January 2014. This program is a health career exploration program developed by Catskill Hudson Area Health Education Center, and is designed to introduce students to various healthcare careers and offer them the opportunity to experience them through engaging, hands-on activities and real-life experiences. Funding for the Taconic Hills High School Scrub Club program was provided by the Foundation for Community Health. The Foundation invests in people, programs and strategies to improve the health of residents in northern Litchfield Hills and the Harlem Valley.

Scrub Club was conceptualized and developed in collaboration with the Foundation for Community Health. The pilot Scrub Club program is in its second year at Dover High School in Dover Plains, NY, where it is being praised by students, parents, and educators.

“We are so pleased with the results and popularity of the Scrub Club program at Dover High School.” states Kathryn Reed, Executive Director of Catskill Hudson AHEC. “This success has led to implementation of the Scrub Club program in other high schools and BOCES within the Catskill Hudson AHEC region. We look forward to our continued relationship with the Foundation for Community Health to further expand Scrub Club in eastern Dutchess County.”

“I am delighted to see this program expanding.” stated Gertrude O’Sullivan, Director of Communication & Special Program for the Foundation for Community Health. “I think it has the potential to make a positive difference in the long-term future of our youth by exposing them to the various professional and personal growth components of the program. At the Foundation, we are pleased that a program that we initiated is taking off and we are glad to fund it for our youth in the Taconic Hills School District. It is our hope to eventually have it conducted in all the schools in our service area.”

Catskill Hudson AHEC is a non-profit organization devoted to improving the quality, geographic distribution and retention of healthcare professionals and stimulating interest in health professions careers through innovative programs across its 11-county service area. For additional information on Scrub Club, please visit www.CHAHEC.org/programs or call (845) 883-7260.

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Dover H.S. club to get field-trip transport
Written by Journal staff
Dec 04

HIGHLAND — Catskill Hudson Area Health Education Center, sponsor of the Scrub Club at Dover High School, has announced it will partner with First Student Inc., a school-bus transportation company, to provide in-kind local services that will enable club members to be transported to and from field trips.

Scrub Club was launched as a pilot program in the Dover Union Free School District this year.

It is designed to help high school students build solid futures by introducing them to a broad array of health-care careers through interactive programs, hands-on activities and field trips.

By fostering long-term partnerships among businesses, educators, community-based organizations and parents, Scrub Club helps prepare young people to meet the challenges and requirements of careers in the health-care industry.

“This is a great student engagement and empowerment program and we are happy to be a partner in this endeavor,” said Susan Langton, assistant contract manager for First Student.

The Scrub Club program was conceptualized by and developed in collaboration with the Foundation for Community Health.

In July, the group received a $2,500 grant from Northeast Dutchess Fund, a fund of the Berkshire Taconic Community Foundation, to help develop and support the Scrub Club program to be implemented at the Dover High School during the 2012-13 school year.

“We are very excited that the Scrub Club program has generated so much interest and support from local communities,” said Kathryn Reed, executive director of the center.

“The funds will be used for nonpersonnel costs directly related to implementing and running this program in the first year,” Reed added.


Grants have been awarded on an annual basis to libraries, community centers, school districts, women shelters and child-care programs across the region.

Catskill Hudson Area Health Education Center is a nonprofit organization devoted to improving
March 18, 2013
FOR IMMEDIATE RELEASE

NEWS RELEASE

CONTACT: Katherine Doyle
Catskill Hudson AHEC
kdoyle@chahec.org
(845) 883-7260

Dover Scrub Club – Careers in Direct Patient Care

On March 14, 2013, 19 Dover Union Free School District high school student members of the Scrub Club gathered in Miss Murray’s classroom for the third session of this health career-based program. The focus for this session was Careers In Direct Patient Care and activities involved sensory experiences such as diminished vision, hearing loss, limitation of movement, and an exercise on the effects of dementia and dyslexia.

Scrub Club was conceptualized by Catskill Hudson Area Health Education Center (AHEC) and developed in collaboration with the Foundation for Community Health. It is designed to help high school students build solid futures by introducing them to a broad array of healthcare careers through interactive programs, hands-on activities, and meaningful field trips.

“In an after school pilot program, such as this one, we knew there was a possibility that some students might drop out,” stated Kathryn Reed, Executive Director of Catskill Hudson AHEC. “But, that hasn’t been the case at all,” she added. “Scrub Club began with 20 students in January 2013 and all 20 students are still actively involved. In addition, three more students expressed interest in joining Scrub Club and were recently accepted into the Club.”

Catskill Hudson AHEC is a non-profit organization devoted to improving the quality, geographic distribution and retention of healthcare professionals and stimulating interest in health professions careers through innovative programs across its 11-county service area.

Organizations interested in becoming a Dover High School Scrub Club sponsor or schools in need of information on how to obtain this program should contact Catskill Hudson AHEC at (845) 883-7260.

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Students also enjoy the hearing loss exercise.
Dover Scrub Club BODYWORLDS Field Trip

On May 9, 2013, Catskill Hudson Area Health Education Center (AHEC) sponsored a trip to BODYWORLDS in New York City for nineteen Dover High School Scrub Club student members and seven chaperones.

Scrub Club was conceptualized by Catskill Hudson AHEC and developed in collaboration with the Foundation for Community Health. It is designed to help high school students build solid futures by introducing them to a broad array of healthcare careers through interactive programs, hands-on activities, and meaningful field trips.

Attendees of this field trip were transported to and from the Dover Plains Metro North train station by First Student Inc., a sponsor of Dover Scrub Club. Upon arriving at Grand Central Station, they had lunch at the food court on the lower level.

When students arrived at the exhibition, they were given formal instruction by the BODYWORLDS staff and, as they entered the exhibit, many became visibly fascinated with the specimens and the experience of exploring the anatomy displays in such a unique and first-hand way. The students traveled throughout the exhibit in small groups and discussed the exhibition in relation to how the body functions. Some of the students discussed their personal medical experience and various health occupations in relation to their stories. One student commented, “This was a very cool way to see how the body works. I’m glad I came.”

Students are enthusiastically looking forward to their next Scrub Club adventure, which is a Scrub Club Picnic in June at Dover High School for students and parents to wrap up the first year of their Scrub Club experience.

Catskill Hudson AHEC is a non-profit organization devoted to improving the quality, geographic distribution, and retention of healthcare professionals and stimulating interest in health professions careers through innovative programs across its 11-county service area.

Organizations interested in becoming a Dover High School Scrub Club sponsor or schools in need of information on how to obtain this program should contact Catskill Hudson AHEC at (845) 883-7260.
NEWS RELEASE

October 1, 2013
FOR IMMEDIATE RELEASE

CONTACT: Katherine Doyle
Catskill Hudson AHEC
kdoyle@chahec.org
(845) 883-7260

Scrub Club Kicks Off Second Year

As students throughout the Hudson Valley began a new school year, twenty-one students from Dover High School zealously entered into their second year of the Scrub Club: Pathways to Health Careers, developed by Catskill Hudson Area Health Education Center. This program is a health career exploration program designed to introduce students to various healthcare careers and offer them the opportunity to experience them through engaging, hands-on activities and real-life experiences.

In a panel discussion lead by health professionals, student members of Scrub Club learned “How current studies relate to future health careers.” Panel speakers included: Cathy Riley, Director of Radiology, Sharon Hospital; George Rand, EMT and pre-med student; Ingeborg X. Grutzner, RN, MS, Professor and Department Head at Dutchess Community College; Dr. Daniel Brocks, Hudson Valley Ophthalmology; and James Snyder, who gave his point-of-view as a medical student at Albany Medical Center.

“This is such a great program.” stated Jim Snyder, medical student panel member from Albany Medical College. “We never had a program like this when I was in high school. The experience would have been very helpful in making my career choice.”

The Scrub Club curriculum is being utilized as an after-school program at Dover High School. However, the lesson plans consist of 1½ hour, activity-based lessons that can be incorporated into the daily classroom curriculum as well. All lesson plans meet New York State Career Development & Occupational Studies Core Curriculum and Learning Standards.

“In their Sophomore year, it is particularly important for students to explore career options in order to begin course preparation for college. Through this session of Scrub Club, students were able to engage in open discussion with a wide range of health professionals and gain a valuable perspective of what’s involved in achieving the career of their choice.” stated Kathryn Reed, Executive Director of Catskill Hudson AHEC.

Catskill Hudson AHEC is a non-profit organization devoted to improving the quality, geographic distribution and retention of healthcare professionals and stimulating interest in health professions careers through innovative programs across its 11-county service area.

For additional information, please visit www.CHAHEC.org/programs or call (845) 883-7260.

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NEWS RELEASE

October 15, 2013
FOR IMMEDIATE RELEASE

CONTACT: Katherine Doyle
Catskill Hudson AHEC
kdoyle@chahec.org
(845) 883-7260

Sharon Hospital Hosts Scrub Club Student Tour

On October 10th, Sharon Hospital hosted departmental tours for 23 Dover High School Scrub Club students. Coordinated by Jim Hutchison, Health & Wellness Concierge for Sharon Hospital, students received 15 minute tours of the hospital’s Emergency Room, Radiology Department, Laboratory, Operating Room, Rehabilitation Center, and Wound Center, where each department head provided overviews of their departmental responsibilities. Enthusiastic students, wearing their Scrub Club scrubs tops, actively participated by taking advantage of the opportunity to ask numerous questions throughout the tour.

Scrub Club is a health career exploration program developed by Catskill Hudson Area Health Education Center (AHEC) for all high school students. It is being utilized as an after-school, longitudinal program at Dover High School where membership has increased from 22 students to 23 students since inception. “It’s extremely rewarding to see my students enter into the second year of this program,” stated Ann Murray, Dover HS Math Teacher. “The Scrub Club curriculum has continually kept them engaged, and their enthusiastic response is verification that we are really getting through to them. Because students have been actively engaged throughout the learning process, they are more likely to have a better understanding of the health careers available to them as well as what’s involved in obtaining the career of their choice.”

Joan Pezzano, Sharon Hospital tour chaperone, stated, “I wish we had this type of program when I was in school trying to make a decision about my career choice.”

Catskill Hudson AHEC is a non-profit organization devoted to improving the quality, geographic distribution and retention of healthcare professionals and stimulating interest in health professions careers through innovative programs across its 11-county service area.

Scrub Club details can be found at www.CHAHEC.org/programs or call (845) 883-7260.

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NEWS RELEASE

December 9, 2013

Taconic Hills School District Implements Scrub Club

With the continued support of the Foundation for Community Health, *Scrub Club: Pathways to Health Careers*, will be implemented into the Taconic Hills High School in January 2014. This program is a health career exploration program developed by Catskill Hudson Area Health Education Center, and is designed to introduce students to various healthcare careers and offer them the opportunity to experience them through engaging, hands-on activities and real-life experiences. Funding for the Taconic Hills High School Scrub Club program was provided by the Foundation for Community Health. The Foundation invests in people, programs and strategies to improve the health of residents in northern Litchfield Hills and the Harlem Valley.

Scrub Club was conceptualized and developed in collaboration with the Foundation for Community Health. The pilot Scrub Club program is in its second year at Dover High School in Dover Plains, NY, where it is being praised by students, parents, and educators.

“We are so pleased with the results and popularity of the Scrub Club program at Dover High School.” states Kathryn Reed, Executive Director of Catskill Hudson AHEC. “This success has led to implementation of the Scrub Club program in other high schools and BOCES within the Catskill Hudson AHEC region. We look forward to our continued relationship with the Foundation for Community Health to further expand Scrub Club in eastern Dutchess County.”

“I am delighted to see this program expanding.” stated Gertrude O’Sullivan, Director of Communication & Special Program for the Foundation for Community Health. “I think it has the potential to make a positive difference in the long-term future of our youth by exposing them to the various professional and personal growth components of the program. At the Foundation, we are pleased that a program that we initiated is taking off and we are glad to fund it for our youth in the Taconic Hills School District. It is our hope to eventually have it conducted in all the schools in our service area.”

Catskill Hudson AHEC is a non-profit organization devoted to improving the quality, geographic distribution and retention of healthcare professionals and stimulating interest in health professions careers through innovative programs across its 11-county service area. For additional information on Scrub Club, please visit [www.CHAHEC.org/programs](http://www.CHAHEC.org/programs) or call (845) 883-7260.

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Scrub Club Kicks Off Second Year

As students throughout the Hudson Valley began a new school year, twenty-one students from Dover High School zealously entered into their second year of the Scrub Club: Pathways to Health Careers, developed by Catskill Hudson Area Health Education Center. This program is a health career exploration program designed to introduce students to various healthcare careers and offer them the opportunity to experience them through engaging, hands-on activities and real-life experiences.

In a panel discussion lead by health professionals, student members of Scrub Club learned “How current studies relate to future health careers.” Panel speakers included: Cathy Riley, Director of Radiology, Sharon Hospital; George Rand, EMT and pre-med student; Ingeborg X. Grutzner, RN, MS, Professor and Department Head at Dutchess Community College; Dr. Daniel Brocks, Hudson Valley Ophthalmology, and James Snyder, who gave his point-of view as a medical student at Albany Medical Center.

“This is such a great program.” stated Jim Snyder, medical student panel member from Albany Medical College. “We never had a program like this when I was in high school. The experience would have been very helpful in making my career choice.”

The Scrub Club curriculum is being utilized as an after-school program at Dover High School. However, the lesson plans consist of 1½ hour, activity-based lessons that can be incorporated into the daily classroom curriculum as well. All lesson plans meet New York State Career Development & Occupational Studies Core Curriculum and Learning Standards.

“In their Sophomore year, it is particularly important for students to explore career options in order to begin course preparation for college. Through this session of Scrub Club, students were able to engage in open discussion with a wide range of health professionals and gain a valuable perspective of what’s involved in achieving the career of their choice.” stated Kathryn Reed, Executive Director of Catskill Hudson AHEC.

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For additional information, please visit www.CHAHEC.org/programs or call (845) 883-7260.

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NEWS RELEASE

October 15, 2013
FOR IMMEDIATE RELEASE

CONTACT: Katherine Doyle
Catskill Hudson AHEC
kdoyle@chahec.org
(845) 883-7260

Sharon Hospital Hosts Scrub Club Student Tour

On October 10th, Sharon Hospital hosted departmental tours for 23 Dover High School Scrub Club students. Coordinated by Jim Hutchison, Health & Wellness Concierge for Sharon Hospital, students received 15 minute tours of the hospital’s Emergency Room, Radiology Department, Laboratory, Operating Room, Rehabilitation Center, and Wound Center, where each department head provided overviews of their departmental responsibilities. Enthusiastic students, wearing their Scrub Club scrub tops, actively participated by taking advantage of the opportunity to ask numerous questions throughout the tour.

Scrub Club is a health career exploration program developed by Catskill Hudson Area Health Education Center (AHEC) for all high school students. It is being utilized as an after-school, longitudinal program at Dover High School where membership has increased from 22 students to 25 students since inception. “It’s extremely rewarding to see my students enter into the second year of this program,” stated Ann Murray, Dover HS Math Teacher. “The Scrub Club curriculum has continually kept them engaged, and their enthusiastic response is verification that we are really getting through to them. Because students have been actively engaged throughout the learning process, they are more likely to have a better understanding of the health careers available to them as well as what’s involved in obtaining the career of their choice.”

Joan Pezzano, Sharon Hospital tour chaperone, stated, “I wish we had this type of program when I was in school trying to make a decision about my career choice.”

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Scrub Club details can be found at www.CHAHEC.org/programs or call (845) 883-7260.

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Fenimore Asset Management Supports Schoharie Scrub Club

The Fenimore Asset Management Contribution Committee made a donation in the amount of $1,000 to support the startup of Scrub Club in Schoharie County High Schools. The Scrub Club program is designed to help high school students build solid futures by introducing them to a broad array of healthcare careers through interactive programs, hands-on activities, and inspiring field trips. The goal is to engage students through encouragement and mentoring programs to demonstrate that continuing their education beyond high school can be meaningful, engaging, and relevant to their future.

Catskill Hudson Area Health Education Center (AHEC), creator of the Scrub Club program, assisted with the development and submission of this grant application.

“We are very appreciative to Fenimore Asset Management for recognizing the benefits of the Scrub Club program and pro-actively supporting the future of high school students in the Schoharie region. Their donation will enable Cobleskill-Richmondville, Middleburgh, and Schoharie High Schools to participate collaboratively in Scrub Club through monthly, afterschool sessions at the Schoharie VoTech Center.” stated Kathryn Reed, Executive Director of Catskill Hudson AHEC.

Additional funding for this program is anticipated through other grants that were applied for by Catskill Hudson AHEC.

Catskill Hudson AHEC is a non-profit organization whose mission is to address regional healthcare workforce shortages through education and collaborative community relationships to assist students, career seekers, and health professionals. For additional information on programs and services, please contact the staff at Catskill Hudson AHEC at (845) 883-7260 or visit their website at www.chahec.org.

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Catskill Hudson Area Health Education Center

August 26, 2014
FOR IMMEDIATE RELEASE

CONTACT: Katherine Doyle
Catskill Hudson AHEC
kdoyle@chahec.org
(845) 883-7260
Scrub Club explores direct patient care

On Dec. 16, Schoharie Scrub Club, a collaboration between Cobleskill-Richmondville, Middleburgh and Schoharie high schools held its third Scrub Club session conducting the “Careers in Direct Patient Care” Scrub Club lesson plan at the Schoharie campus of the Capital Region Board of Cooperative Educational Services Career and Technical Education School.

The Scrub Club program was developed by Catskill Hudson Area Health Education Center during 2012 and was designed to introduce high school students to various health occupations as career options through hands-on activities and field trips.

Scrub Club has been implemented in six high schools, two BOCES, two community-based, at-risk youth programs and the State University College at New Paltz Science and Technology Entry Program within the Catskill Hudson AHEC 11-county region.
Scholarie Scrub Club Explores Direct Patient Care

On December 16th, Scholarie Scrub Club (a collaboration between Cobleskill, Richmondville, Middleburgh, and Scholarie High Schools) held its third Scrub Club session conducting the “Careers in Direct Patient Care” Scrub Club lesson plan at the Scholarie campus of the Capital Region BOCES Career and Technical Education School (CTE).

“Students really seemed to enjoy the video learning about the different career choices.” stated Stacey Simeon, school Nurse at the Middleburgh Central School District and Scrub Club faculty advisor. “It generated a lot of questions about college preparedness and their futures.” Students also participated in exercises that simulated vision and hearing impairment, loss of range of motion, and limitations of the elderly patients. “Students had a lot of fun with these exercises and realized how difficult their lives (or at least everyday tasks) would be if they have a sensory deficit how much they take their abilities for granted.”

The Scrub Club program was developed by Catskill Hudson Area Health Education Center (AHEC) during 2012 and was designed to introduce high school students to various health occupations as future career options through hands-on activities and meaningful field trips.

Scrub Club has been implemented in 6 area high schools, two BOCES, two community-based, at-risk youth programs and the SUNY New Paltz Science and Technology Entry Program (STEP) within the Catskill Hudson AHEC 11-county region. The Scrub Club curriculum is very versatile and can be utilized as a longitudinal program, afterschool activity, or can easily be incorporated into daily school curriculum. The Scholarie Scrub Club and the Club meets once a month and utilizes Scrub Club as a longitudinal program.

Catskill Hudson AHEC is a non-profit organization whose mission is to address regional healthcare workforce shortages through education and collaborative community relationships to assist students, career seekers, and health professions. For additional information on Scrub Club, please visit www.CHAHEC.org/programs or call (845) 883-7260 to speak with a staff member.

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Katherine Doyle
Catskill Hudson AHEC
kdyle@chahec.org
(845) 883-7260

December 17, 2014
FOR IMMEDIATE RELEASE

NEWS RELEASE
Cobleskill Regional Hospital Supports Schoharie Scrub Club

Through a grant applied for by Catskill Hudson Area Health Education Center (AHEC), Schoharie Scrub Club received funding from Cobleskill Regional Hospital to support its monthly afterschool sessions at the Schoharie VoTech Center.

The Scrub Club program was created and developed by Catskill Hudson AHEC and is designed to help high school students build solid futures by introducing them to a broad array of healthcare careers through interactive programs, hands-on activities, and meaningful field trips. There are currently eight area high schools instilling Scrub Club into their curriculum. The Schoharie Scrub Club is a collaboration between Cobleskill-Richmondville High School, Middleburgh High School, Schoharie High School and the Schoharie VoTech Center.

“We are pleased to support the Schoharie Scrub Club. It is an excellent opportunity to introduce Schoharie County students to various healthcare occupations” stated Deb Dolan, Regional Marketing and Community Engagement Manager of the Bassett Healthcare Network. “We are confident that this program will make an impact on the students of this community by sparking personal growth, professional development, and a viable career path. As healthcare is the fastest growing industry in New York State, programs like the Scrub Club are a solid investment toward building the future of our healthcare workforce” continued Ms. Dolan.

“Not only has Schoharie Scrub Club developed into a pioneering collaboration between three area high schools, but it has also been a tremendous community effort as well” stated Kathryn Reed, Executive Director of Catskill Hudson AHEC. “In addition to the funding provided by Cobleskill Regional Hospital, the Schoharie Scrub Club has also received funding from Fenimore Asset Management and additional funding is anticipated through other grants applied for by Catskill Hudson AHEC” added Mrs. Reed.

Catskill Hudson AHEC is a non-profit organization whose mission is to address regional healthcare workforce shortages through education and collaborative community relationships to assist students, career seekers, and health professionals. For additional information on Scrub Club, please visit www.CHAHEC.org/programs or call our office at (845) 883-7260.

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NEWS RELEASE

November 20, 2014
FOR IMMEDIATE RELEASE

CONTACT: Katherine Doyle
Catskill Hudson AHEC
kdoyle@chabec.org
(845) 883-7260

Scholarie Scrub Club Sleuths

The Scholarie Scrub Club met on November 18, 2014 to examine health careers through the Who Done It? Solve the Medical Mystery Scrub Club Lesson Plan. This interactive DVD is part of the Scrub Club curriculum which was developed by Catskill Hudson Area Health Education Center (AHEC) and is designed to introduce high school students to a broad array of healthcare careers through interactive programs, hands-on activities, and meaningful field trips.

Students watched the DVD that depicted a crime. Each of the four suspects had medical issues that required treatment by healthcare professionals. It was the student’s job to figure out who committed the crime with the evidence presented. “The students discussed the medical conditions of each of the suspects and how their ailments played a role in their ability or inability to commit the crime,” stated Stacey Simeon, School Nurse at the Middleburgh Central School District and Scrub Club faculty advisor. “All of the students were very engaged throughout the process and the ending surprised them. In fact, of the 17 students in attendance, only one student guessed the perpetrator correctly.” stated Ms. Simeon. After the session, one student told Ms. Simeon she was always interested in becoming a Physical Therapist and, after discussing the role of a Physical Therapist during the lesson, she was even more excited.

The Scholarie Scrub Club is a collaboration between Cobleskill-Richmondville, Middleburgh, and Scholarie High Schools and the Club meets once a month at the Scholarie VoTech Center. After the latest session, one student said, “Once a month is not enough to meet. We should meet every week!”

Scrub Club has been implemented in 11 area high schools, two BOCES, two community-based, at-risk youth programs and the SUNY New Paltz Science and Technology Entry Program (STEP) within the Catskill Hudson AHEC 11-county region. The Scrub Club curriculum is very versatile and can be utilized as a longitudinal program, afterschool activity, or can easily be incorporated into daily school curriculum.

Catskill Hudson AHEC is a non-profit organization whose mission is to address regional healthcare workforce shortages through education and collaborative community relationships to
NEWS RELEASE

November 24, 2014

FOR IMMEDIATE RELEASE

CONTACT: Katherine Doyle
Catskill Hudson AHEC
kdoyle@chahec.org
(845) 883-7260

Scrub Club Makes Measurable Impact on Student Career Choices

The Scrub Club program was developed by Catskill Hudson Area Health Education Center (AHEC) during 2012 and launched as a pilot program initiated at Dover High School during the 2012-2013 school year with 21 student members. Since that time, the Dover Scrub Club has increased to 30 members who have engaged in a variety of interactive programs, hands-on activities, and meaningful field trips designed to introduce these students to various health occupations as future career options.

At the November 19th Scrub Club session, Sheila DePaola, AmeriCorps Member with Hudson River HealthCare and Intern for Catskill Hudson AHEC, asked Scrub Club members a variety of questions to evaluate the effectiveness of this program. Their responses confirmed the impact this program has had on their future and career decisions.

When asked, “What makes Scrub Club different from any other Club?” students replied, “Scrub Club caters more towards people who don’t have knowledge about a certain field – whereas, other clubs are for people who know a lot about the topic.” “It helped me eliminate certain careers from my perspective jobs and narrow down what I want to do.” and “Scrub Club focuses on the future and preparing for the real world careers. It motivated and prepared me to make important decisions about careers I didn’t even know existed.”

Sheila reported that, although not all of the students knew the exact career they wanted to pursue, all of the students said that Scrub Club has definitely helped them make the decision to enter the health field.

Sheila also asked, “Why did you first decide to be in Scrub Club and what made you stay?” Student responses were, “I wanted to help people and didn’t know how. So I joined Scrub Club and its helping me figure out which career I will enjoy while accomplishing my goal of helping people.” “I joined because my friends were Scrub Club members. I continued because I love learning about the different health careers.” “I was interested in a healthcare career anyway and Scrub Club was fun. It solidified my interest.” “I knew I wanted to get into the medical field, but, when I joined Scrub Club, I realized that everywhere you go, you need healthcare. It’s a growing field and health professionals are in demand. It’s just a great career choice.”

Lastly, when gathering information on Scrub Club likes and dislikes, Sheila conveyed that most students liked the “informative and hands-on activities, field trips, guest speakers, volunteer work, CPR certification, meeting professionals, tours, and the instructor’s personal stories that related to various topics.” However, they did report “difficulties in making meetings with scheduling conflicts and they wish sessions were longer and more frequent.”

Scrub Club has been implemented in 6 area high schools, two BOCES, two community-based, at-risk youth programs and the SUNY New Paltz Science and Technology Entry Program (STEP) within the Catskill Hudson AHEC 11-county region. The Scrub Club curriculum is very versatile and can be utilized as a longitudinal program, afterschool activity, or can easily be incorporated into daily school curriculum.

Catskill Hudson AHEC is a non-profit organization whose mission is to address regional healthcare workforce shortages through education and collaborative community relationships to assist students, career seekers, and health professions. For additional information on Scrub Club, please visit www.CHAHEC.org/programs or call (845) 883-7260 to speak with a staff member.

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NEWS RELEASE

April 7, 2014
FOR IMMEDIATE RELEASE

CONTACT: Katherine Doyle
Catskill Hudson AHEC
kdoyle@chahec.org
(845) 883-7260

Webutuck Scrub Club Builds Their Health Career Knowledge With Cengage

As part of the Scrub Club curriculum, 15 Webutuck High School Scrub Club members utilized the Cengage Learning Lab on March 17, 2014. The Cengage Learning Lab is a digital, interactive healthcare career exploration program designed to teach students about various health occupations through a virtual hospital tour. By utilizing this program, students gain valuable health career information that can help them when making future career choices in the health field.

Using video simulations that follow a young, seriously injured patient from accident scene to home care, the engaging video offers a visual glimpse of the healthcare professionals’ role in the care of the patient with basic information such as duties and responsibilities, career attributes, and educational/certification requirements. The Scrub Club students were introduced to 31 primary care careers and various additional related health careers. These careers include every level of education and various salary ranges.

Webutuck is the second school district that offers Scrub Club as an after-school program and has used the Cengage Learning Lab. “The highlight of the Cengage program was when students shared their own experiences of coming into contact with the types of health care professionals that were featured in the interactive segment.” stated Patrick McKeever, Science Teacher and Scrub Club Program Coordinator. “It was very interactive.”

The Cengage Learning Lab program was made possible to the Webutuck Scrub Club through a grant provided to Catskill Hudson AHEC by the Eastern Dutchess Rural Health Network under the auspices of Hudson River Health Care.

Catskill Hudson AHEC is an affiliate of Cengage Learning and is a non-profit organization devoted to improving the quality, geographic distribution and retention of healthcare professionals and stimulating interest in health professions careers through innovative programs across its 11-county service area.

For additional information, please visit www.CHAHEC.org/programs or call (845) 883-7260.

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NEWS RELEASE

Contact: Katherine Doyle
(845) 883-7260

April 24, 2014
IMMEDIATE RELEASE

Dover Scrub Club Sponsors Bonnie Boxes

In an effort to help those currently undergoing cancer treatment, Dover Scrub Club Students began an ongoing collection for Bonnie Boxes. Bonnie Boxes are care packages full of comforting items donated by community members for local people battling cancer alone.

Bonnie Boxes was started by Cindy Snow, a local resident who also battled cancer. As Cindy was going through chemotherapy, she noticed how many people were enduring cancer treatment alone. She wanted to do something to reassure them that people really do care about them. Initially, Cindy called them “Because We Care Boxes,” but later changed the name to “Bonnie Boxes” to commemorate a woman who was battling cancer herself, but always had time to cheer others. Unfortunately, Bonnie’s cancer journey ended in February.

Currently, donations for the Dover High School effort are being accepted until May 9th. Items, such as Dove unscented soap, crackers, chips, pretzels, lip balm (unscented/unflavored), calendars, warm socks, knit hats, puzzle books, mixed candies, breath mints, dark chocolates, or other comforting items should be sent to Dover High School, 2368 Route 22, Room 1043, Dover Plains, NY 12522, Attn: Ann Murray.

"The Bonnie Boxes community project is so much in line with the Scrub Club program," states Kathryn Reed, Executive Director of Catskill Hudson Area Health Education Center. "I am pleased the students took on this initiative as they learn about the various health occupations that care for critically ill patients."

The Scrub Club program was developed by Catskill Hudson Area Health Education Center (AHEC) during 2012-2013 and is in its second year of implementation at Dover High School. Catskill Hudson AHEC is a non-profit organization devoted to improving the quality, geographic distribution and retention of healthcare professionals and stimulating interest in health professions careers through innovative programs across its 11-county service area. For additional information on Scrub Club, please visit www.CHAHEC.org/programs or call (845) 883-7260.

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NEWS RELEASE

Contact: Katherine Doyle        April 30, 2014
(845) 883-7260  IMMEDIATE RELEASE

Scrub Club to be implemented in Catskill School District

Through funding awarded by the Hudson Valley Foundation for Youth, Columbia Memorial Hospital has been able to sponsor the implementation of “Scrub Club” at Catskill High School. “Our hope is to begin the program in early September for the freshman students.” stated Kate Carroll, Catskill School Superintendent.

The Scrub Club program was developed by Catskill Hudson Area Health Education Center (AHEC) and is designed to help high school students build solid futures by introducing them to a broad array of healthcare careers through interactive programs, hands-on activities, and meaningful field trips. The goal is to engage students through encouragement and mentoring programs to demonstrate that continuing their education beyond high school can be meaningful, engaging, and relevant to their future. By fostering long-term partnerships among businesses, educators, community-based organizations and parents, Scrub Club helps prepare young people to meet the challenges and requirements of careers in the healthcare industry in today’s knowledge-rich society.

Catskill High School is one of seven high schools and organizations throughout the Catskill Hudson AHEC region to implement Scrub Club since its release in 2013.

Catskill Hudson AHEC is a non-profit organization devoted to improving the quality, geographic distribution and retention of healthcare professionals and stimulating interest in health professions careers through innovative programs across its 11-county service area. For additional information on Scrub Club, please visit www.CHAHEC.org/programs or call (845) 883-7260.

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NEWS RELEASE

April 7, 2014
FOR IMMEDIATE RELEASE

CONTACT: Katherine Doyle
Catskill Hudson AHEC
doyle@chahec.org
(845) 883-7260

Webutuck Scrub Club Builds Their Health Career Knowledge With Cengage

As part of the Scrub Club curriculum, 15 Webutuck High School Scrub Club members utilized the Cengage Learning Lab on March 17, 2014. The Cengage Learning Lab is a digital, interactive healthcare career exploration program designed to teach students about various health occupations through a virtual hospital tour. By utilizing this program, students gain valuable health career information that can help them when making future career choices in the health field.

Using video simulations that follow a young, seriously injured patient from accident scene to home care, the engaging video offers a visual glimpse of the healthcare professionals’ role in the care of the patient with basic information such as duties and responsibilities, career attributes, and educational/certification requirements. The Scrub Club students were introduced to 31 primary care careers and various additional related health careers. These careers include every level of education and various salary ranges.

Webutuck is the second school district that offers Scrub Club as an afterschool program and has used the Cengage Learning Lab. “The highlight of the Cengage program was when students shared their own experiences of coming into contact with the types of health care professionals that were featured in the interactive segment” stated Patrick McKeever, Science Teacher and Scrub Club Program Coordinator. “It was very interactive.”

The Cengage Learning Lab program was made possible to the Webutuck Scrub Club through a grant provided to Catskill Hudson AHEC by the Eastern Dutchess Rural Health Network under the auspices of Hudson River Health Care.

Catskill Hudson AHEC is an affiliate of Cengage Learning and is a non-profit organization devoted to improving the quality, geographic distribution and retention of healthcare professionals and stimulating interest in health professions careers through innovative programs across its 11-county service area.

For additional information, please visit www.CHAHEC.org/programs or call (845) 883-7260.

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NEWS RELEASE

Contact: Katherine Doyle                        April 24, 2014
(845) 883-7260                                  IMMEDIATE RELEASE

Dover Scrub Club Sponsors Bonnie Boxes

In an effort to help those currently undergoing cancer treatment, Dover Scrub Club Students began an ongoing collection for Bonnie Boxes. Bonnie Boxes are care packages full of comforting items donated by community members for local people battling cancer alone.

Bonnie Boxes was started by Cindy Snow, a local resident who also battled cancer. As Cindy was going through chemotherapy, she noticed how many people were enduring cancer treatment alone. She wanted to do something to reassure them that people really do care about them. Initially, Cindy called them “Because We care Boxes,” but later changed the name to “Bonnie Boxes” to commemorate a woman who was battling cancer herself, but always had time to cheer others. Unfortunately, Bonnie’s cancer journey ended in February.

Currently, donations for the Dover High School effort are being accepted until May 9th. Items, such as Dove unscented soap, crackers, chips, pretzels, lip balm (unscented/unflavored), calendars, warm socks, knit hats, puzzle books, mixed candies, breath mints, dark chocolates, or other comforting items should be sent to Dover High School, 2368 Route 22, Room 1043, Dover Plains, NY 12522, Attn: Ann Murray.

The Scrub Club program was developed by Catskill Hudson Area Health Education Center (AHEC) during 2012-2013 and is in its second year of implementation at Dover High School. Catskill Hudson AHEC is a non-profit organization devoted to improving the quality, geographic distribution and retention of healthcare professionals and stimulating interest in health professions careers through innovative programs across its 11-county service area. For additional information on Scrub Club, please visit www.CHAHEC.org/programs or call (845) 883-7260.

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NEWS RELEASE

Contact: Katherine Doyle
(845) 883-7260

April 30, 2014
IMMEDIATE RELEASE

Scrub Club to be implemented in Catskill School District

Through funding awarded by the Hudson Valley Foundation for Youth, Columbia Memorial Hospital has been able to sponsor the implementation of “Scrub Club” at Catskill High School. “Our hope is to begin the program in early September for the freshman students,” stated Kate Farroll, Catskill School Superintendent.

The Scrub Club program was developed by Catskill Hudson Area Health Education Center (AHEC) and is designed to help high school students build solid futures by introducing them to a broad array of healthcare careers through interactive programs, hands-on activities, and meaningful field trips. The goal is to engage students through encouragement and mentoring programs to demonstrate that continuing their education beyond high school can be meaningful, engaging, and relevant to their future. By fostering long-term partnerships among businesses, educators, community-based organizations and parents, Scrub Club helps prepare young people to meet the challenges and requirements of careers in the healthcare industry in today’s knowledge-rich society.

Catskill High School is one of seven high schools and organizations throughout the Catskill Hudson AHEC region to implement Scrub Club since its release in 2013.

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NEWS RELEASE

August 7, 2014
FOR IMMEDIATE RELEASE

CONTACT: Katherine Doyle
Catskill Hudson AHEC
doyles@chahec.org
(845) 883-7260

Webutuck High School Receives Funding to Support Scrub Club

The Northeast Dutchess Fund, a fund of the Berkshire Taconic Community Foundation approved a grant of $2,000 to support the continuation of Scrub Club at Webutuck High School. Catskill Hudson Area Health Education Center (AHEC), creator of the Scrub Club program, assisted with the development and submission of this grant application.

“We are very appreciative to the Berkshire Taconic Community Foundation for their unwavering support of Scrub Club, having given three grants to support this program within the Dutchess County community over the past two years.” stated Kathryn Reed, Executive Director of Catskill Hudson AHEC.

The Scrub Club program is designed to help high school students build solid futures by introducing them to a broad array of healthcare careers through interactive programs, hands-on activities, and meaningful field trips. The goal is to engage students through encouragement and mentoring programs to demonstrate that continuing their education beyond high school can be meaningful, engaging, and relevant to their future.

Scrub Club was conceptualized by and developed in collaboration with the Foundation for Community Health.

Berkshire Taconic formed the Northeast Dutchess (NED) Fund in 2002 to improve the quality of life in Amenia, Clinton Corners, Dover Plains, Millbrook, Millerton, North East, Pine Plains, Stanford, Washington, Wassaic, Wingdale and their hamlets. Grants have been awarded on an annual basis to libraries, community centers, school districts, women shelters and child care programs across the region.

Catskill Hudson AHEC is a non-profit organization whose mission is to address regional healthcare workforce shortages through education and collaborative community relationships to assist students, career seekers, and health professionals. For additional information on programs and services, please contact the staff at Catskill Hudson AHEC at (845) 883-7260 or visit their website at www.chahec.org.

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NEWS RELEASE

August 7, 2014
FOR IMMEDIATE RELEASE

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Catskill Hudson AHEC
kdoyle@chahec.org
(845) 883-7260

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NEWS RELEASE

February 26, 2014
FOR IMMEDIATE RELEASE

Contact: Katherine Doyle
Catskill Hudson AHEC
kdoyle@chahec.org
(845) 883-7260

Webutuck High School Institutes Scrub Club Program

Webutuck High School will hold its first Scrub Club afterschool session this week with fifteen enthusiastic, health-care minded students in attendance. Scrub Club is a health career exploration program conceptualized by Catskill Hudson Area Health Education Center (AHEC) and developed in collaboration with the Foundation for Community Health. The curriculum and accompanying toolkit are designed to introduce students to various healthcare careers through engaging, hands-on activities and real-life experiences.

Funding for the Webutuck High School Scrub Club program was provided by the Foundation for Community Health. The Foundation invests in people, programs and strategies to improve the health of residents in northern Litchfield Hills and the Harlem Valley.

“We are very excited to implement Scrub Club here at Webutuck and offer our students this unique health career exploration opportunity.” states Ken Sauer, High School Principal/Director of Health and Physical Education.

The Scrub Club program was completed last year and made available to schools throughout the Catskill Hudson AHEC 11-county region and beyond. Thus far, five area schools have implemented Scrub Club either into their daily curriculum or as an afterschool program, and additional schools, youth programs, and community programs are positioned to implement the program in the next academic year.

Catskill Hudson AHEC is a non-profit organization devoted to improving the quality, geographic distribution and retention of healthcare professionals and stimulating interest in health professions careers through innovative programs across its 11-county service area. For additional information on Scrub Club, please visit www.CHAHEC.org/programs or call (845) 883-7260.

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NEWS RELEASE

Contact: Katherine Doyle
(845) 883-7260

January 13, 2014
IMMEDIATE RELEASE

Dover Scrub Club Students Get Educated in First Aid by EMS Institute Inc.

On January 9, 2014, twenty-two Dover Scrub Club Students attended a field trip to the EMS Institute at Sharon Hospital in Sharon, CT for a first-hand lesson in First Aid. This session, instructed by Dave Caldwell, provided the students with the opportunity to receive their CPR/AED/First Aid Training Cards. Student comments included, “To be CPR/AED/First Aid trained is an amazing thing for me.” and, “I thought it was great because now I am certified in CPR/First Aid. It’s a really useful skill in life, and it looks good on applications. Knowing that you can save a life is really cool.”

The EMS Institute at Sharon Hospital was established in 1998 to assist the EMS providers in Sharon Hospital’s service area. Funded primarily through an endowment and overseen by a volunteer board of directors comprised of EMS personnel, ER physicians, and educators, the Institute provides speakers and courses on a variety of topics and maintains an inventory of literature, videos and training equipment.

The Scrub Club program was developed by Catskill Hudson Area Health Education Center (AHEC) during 2012-2013 and is in its second year of implementation at Dover High School. Thus far, five area schools have implemented Scrub Club either into their daily curriculum or as an afterschool program, and additional schools, youth programs, and community programs are positioned to implement the program in the next academic year.

Catskill Hudson AHEC is a non-profit organization devoted to improving the quality, geographic distribution and retention of healthcare professionals and stimulating interest in health professions careers through innovative programs across its 11-county service area. For additional information on Scrub Club, please visit www.CHAHEC.org/programs or call (845) 883-7260.

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July 14, 2014
FOR IMMEDIATE RELEASE

Dover Scrub Club Receives $2,500 Grant

Dover High School has been awarded a $2,500 grant from the Northeast Dutchess Fund of the Berkshire Taconic Community Foundation to support funding of its third year of the Scrub Club program. Catskill Hudson Area Health Education Center, creator of the Scrub Club program, assisted with the development and submission of this grant application and is pleased that the Fund continues to support this initiative.

Scrub Club was launched as a pilot program initiated at Dover High School during the 2012-13 school year, and is now implemented in eight high schools and organizations throughout the Catskill Hudson AHEC region. It is designed to help high school students build solid futures by introducing them to a broad array of healthcare careers through interactive programs, hands-on activities, and meaningful field trips. The goal is to engage students through encouragement and mentoring programs to demonstrate that continuing their education beyond high school can be meaningful, engaging, and relevant to their future.

"Scrub Club has given our students a great amount of exposure to many different health occupations. This program has created a connection between the Scrub Club students, assuring their success in this program. It is clear that when students feel connected to their schoolwork they will do better," stated Michael Tierney, Superintendent of Dover Union Free School District. "The program adviser, Ann Murray, has a strong background in the healthcare field and has clearly shared her passion with the Club." added Mr. Tierney.

Catskill Hudson AHEC is a non-profit organization whose mission is to address regional healthcare workforce shortages through education and collaborative community relationships to assist students, career seekers and health professionals. For additional information about Catskill Hudson AHEC programs, please visit www.chahec.org or call (845) 883-7260.
Poughkeepsie Journal

Good Life: Positive achievements for July 16

POU 4:32 p.m. EDT July 15, 2014

Dover High awarded grant for Scrub Club

Dover High School has been awarded a $2,500 grant from the Northeast Dutchess Fund of the Berkshire Taconic Community Foundation to support funding of its third year of the Scrub Club program.

Catskill Hudson Area Health Education Center, creator of the Scrub Club program, assisted with the development and submission of this grant application.

Scrub Club was launched as a pilot program initiated at Dover High School during the 2012-13 school year, and is now implemented in eight high schools and organizations throughout the Catskill Hudson AHEC region.

It is designed to help high school students build solid futures by introducing them to health-care careers through interactive programs, hands-on activities and field trips.

The goal is to engage students through encouragement and mentoring programs to demonstrate that continuing their education beyond high school can be meaningful, engaging and relevant to their future.

"Scrub Club has given our students a great amount of exposure to many different health occupations," Michael Tierny, superintendent of Dover Union Free School District, said in a written statement. "This program has created a connection between the Scrub Club students, assuring their success in this program. It is clear that when students feel connected to their schoolwork they will do better. The program adviser, Ann Murray, has a strong background in the healthcare field and has clearly shared her passion with the club."

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Visit www.chahec.org or call 845-883-7260.
NEWS RELEASE

July 21, 2014
FOR IMMEDIATE RELEASE

CONTACT: Katherine Doyle
Catskill Hudson AHEC
kdoyle@chahec.org
(845) 883-7260

SUNY New Paltz STEP Scholars attend Med Quest 2014

Through sponsorship by Catskill Hudson Area Health Education Center (AHEC), five high school students from SUNY New Paltz’s Science and Technology Entry Program (STEP) recently spent a week at Albany Medical College for an in-depth introduction to careers in healthcare through the MedQuest program. These students explored a vast array of health occupations and medical procedures through interactive workshops and hands-on activities, such as suturing, casting, CPR training, and OT/PT rehabilitation. Careers in Emergency Care, Pharmacy, and Nursing were reviewed, and students received training in Safety, Patient Assessment, Diabetes, and Nutrition. Their interest in healthcare as a future occupation was further supported through discussions that included, “What’s Med School Like?” and “Getting into Med School.”

MedQuest is developed and administered annually by Albany Medical Center, which is northeastern New York’s only academic health sciences center and one of the largest private employers in the Capital Region.

“Thank you for the invitation to MedQuest. I had a BLAST at camp, learning so many great tips and information about healthcare and prepping for college! Something that truly caught my attention was a lecture about getting involved in research. A spark of interest came upon me,” stated Alexis Baergas, STEP student and MedQuest attendee.

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From left to right: Denzional Donner, Rhone Barber, Alexis Baergas, Gian Graham, and Antonio Sandoria.
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NEWS RELEASE

March 27, 2014
FOR IMMEDIATE RELEASE

CONTACT: Katherine Doyle
Catskill Hudson AHEC
kdoyle@chahec.org
(845) 883-7260

Scrub Club is Engaged in Cengage

On March 6, 2014, eighteen Dover High School Scrub Club members engaged in Cengage Learning Lab, a digital, interactive healthcare career exploration program designed to teach students about various health occupations through a virtual hospital tour.

Using video simulations that follow a young, seriously injured patient from accident scene to home care, the engaging video offers a visual glimpse of the healthcare professionals’ role in the care of the patient with basic information such as duties and responsibilities, career attributes, and educational/certification requirements. The Scrub Club students were introduced to 31 primary care careers and various additional related health careers. These careers include every level of education and various salary ranges.

“Cengage is an excellent educational tool because students become immersed in the storyline, which gives them a first-hand view of the occupational duties, responsibilities, and requirements of various health careers.” stated Kathryn Reed, Executive Director of Catskill Hudson AHEC. “It’s a very good prelude to what could possibly be a future health career for these students.”

The Cengage Learning Lab program was made possible to the Dover High School Scrub Club through a grant provided to Catskill Hudson AHEC by the Eastern Dutchess Rural Health Network under the auspices of Hudson River Health Care.

Catskill Hudson AHEC is an affiliate of Cengage Learning and is a non-profit organization devoted to improving the quality, geographic distribution and retention of healthcare professionals and stimulating interest in health professions careers through innovative programs across its 11-county service area.

For additional information, please visit www.CHAHEC.org/programs or call (845) 883-7260.

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NEWS RELEASE

March 27, 2014
FOR IMMEDIATE RELEASE

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For additional information, please visit www.CHAHEC.org/programs or call (845) 883-7260.

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Catskill Hudson
AREA HEALTH EDUCATION CENTER

NEWS RELEASE

May 20, 2014

Contact: Katherine Doyle
(845) 883-7260

IMMEDIATE RELEASE

Bonnie Boxes Abound at Dover Scrub Club

On May 15th, Dover Scrub Club Students met to fill their beautifully decorated Bonnie Boxes with comforting items they collected from local sources over the past month to help local patients who are battling cancer alone.

Bonnie Boxes was started by Cindy Snow, a local resident who also battled cancer. As Cindy was going through chemotherapy, she noticed how many people were enduring cancer treatment alone. She wanted to do something to reassure them that people really do care about them. Initially, Cindy called them “Because We Care Boxes,” but later changed the name to “Bonnie Boxes” to commemorate a woman who was battling cancer herself, but always had time to cheer on others. Unfortunately, Bonnie’s cancer journey ended in February.

Fifty (50) Bonnie Boxes were decorated, filled, and distributed to the Wingdale/Dover, Wassaic, and Putnam chapters of Bonnie Boxes. From there, they will be delivered to the Danbury Praxair Center, Sharon Hospital, Dyson Center, Putnam Hospital, Hudson Valley Hematology, and the Maria Ferrara Children’s Hospital. Because of the unyielding dedication of the students to this project, more boxes are expected to come.

“Catskill Hudson AHEC is very proud to have sponsored the Dover Scrub Club students,” stated Kathryn Reed, Executive Director of Catskill Hudson AHEC. “The Bonnie Boxes community project is a perfect way to introduce these future health care professionals to the compassionate side of medicine.”

The Scrub Club program was developed by Catskill Hudson Area Health Education Center (AHEC) during 2012-2013 and is in its second year of implementation at Dover High School. Catskill Hudson AHEC is a non-profit organization devoted to improving the quality, geographic distribution and retention of healthcare professionals and stimulating interest in health professions careers through innovative programs across its 11-county service area. For additional information on Scrub Club, please visit www.CHAHEC.org/programs or call (845) 883-7260.

Dover Scrub Club Students display their Bonnie Boxes

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Dover Scrub Club Students display their Bonnie Boxes

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NEWS RELEASE

October 24, 2014
FOR IMMEDIATE RELEASE

Scholaric Cooperative Scrub Club

In a collaborative, multi-school effort and with grant support from Fenimore Asset Management, Cobleskill-Richmondville, Middleburgh, and Schoharie High Schools officially kicked off their joint Scrub Club program on October 21st at the Schoharie VoTech Center. Fifteen enthusiastic students participated in their first Scrub Club session, "Making a Life Map," giving them a clearer focus on their future and career goals. "I am really looking forward to Scrub Club because I have so many ideas about Healthcare and what vocation to go into. I am hoping that by attending Scrub Club, it will help me narrow down what I want to do," stated one of the students.

The Scrub Club program was created by Catskill Hudson Area Health Education Center (AHEC) to help high school students build solid futures by introducing them to a broad array of healthcare careers through interactive programs, hands-on activities, and inspiring field trips. Eleven area high schools and at-risk youth programs are currently utilizing Scrub Club as a longitudinal program, an after-school program, a cooperative community educational effort, or they have incorporated it into their daily curriculum. The goal of Scrub Club is to encourage students through encouragement and mentoring programs to demonstrate that continuing their education beyond high school can be meaningful, engaging, and relevant to their future.

"We have had great successes with the Scrub Club program throughout our region, and we are particularly excited about the Schoharie Scrub Club because it is the first collaboration between multiple high schools. It not only demonstrates a joint commitment on behalf of the various high schools, but the community partners who are making this program possible for them as well," stated Kathryn Reed, Executive Director of Catskill Hudson AHEC. "The principals of these three schools have agreed to share attendance at each of the monthly sessions, which further demonstrates their enthusiasm to the success of this program," continued Mrs. Reed.

Catskill Hudson AHEC is a non-profit organization whose mission is to address regional healthcare workforce shortages through education and collaborative community relationships to assist students, career seekers, and health professionals. For additional information on programs and services, please contact the staff at Catskill Hudson AHEC at (845) 883-7260 or visit their website at www.chahec.org.

Scholaric Scrub Club Students and Stacey Simeon, RN (top center)

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NEWS RELEASE

Contact: Katharine Doyle
(845) 883-7260

September 25, 2014

IMMEDIATE RELEASE

Catskill Hudson AHEC’s “Healthy” Board of Directors

Having recently celebrated its ten year anniversary, Catskill Hudson Area Health Education Center (AHEC) acknowledges that a considerable part of its success has been the invaluable contributions of its diligent and progressive Board of Directors, many of whom are charter members. The newest members to join the Catskill Hudson AHEC Board are William Stamp, MBA, Vice President Marketing, Corporate Communications and Strategic Planning at Bassett Healthcare in Cooperstown, NY and Gloria Fuina-Durrah, R.P.A, Owner/CEO of Greenville Family Healthcare in Greenville, NY. With them, they bring their individual expertise in diverse areas. Mr. Stamp will contribute his expertise in marketing, corporate communications, and strategic planning and Ms. Fuina-Durrah has over 40 years of experience in rural family practice.

“Catskill Hudson AHEC is proud of its accomplishments over the past ten years and, with the support and encouragement of our Board of Directors, will continue to build on our success as we look toward the next ten years” stated Kathryn Reed, Executive Director of Catskill Hudson AHEC.

Catskill Hudson AHEC is a non-profit organization whose mission is to address regional healthcare workforce shortages through education and collaborative community relationships to assist students, career seekers, and health professionals. For additional information on programs and services, please contact the staff at Catskill Hudson AHEC at (845) 883-7260 or visit their website at www.chahec.org.
NEWS RELEASE

February 27, 2015
FOR IMMEDIATE RELEASE

Hudson Scrub Club Tours Columbia Memorial Hospital

As part of the Scrub Club curriculum, 12 Hudson High School Scrub Club students embarked on an educational field trip to Columbia Memorial Hospital on February 26, 2015. The students quickly became absorbed in learning about the various departments of the hospital they had the opportunity to tour, and all aspects of the medical field they became familiar with during the tour. It was not only an educational experience for the students, but it also provided a first-hand, real-life introduction to the health careers available to them as future careers.

“The students were amazing and loved the experience. I am very proud!” stated Nancy Zincio, Health Teacher & Scrub Club Instructor, Hudson High School. “I am also thankful to my colleagues and community representatives who assisted in this event and made this possible. Thank you.” continued Nancy.

Columbia Memorial Hospital, a stout educational partner of Scrub Club, readily afforded the students this invaluable opportunity. “We look forward to our continued collaboration with the students in the Hudson School District. The students are a great team.” Stated Mary Daggett, Director of Community Health Service and Grants, Columbia Memorial Hospital.

This field trip, as well as other opportunities that Scrub Club has offered the Hudson High School Scrub Club students are, in great deal, attributed to the support and funding of the Hudson Community Schools Initiative, Taconic Foundation, Inc., and Hudson Bluehawk Nation Afterschool Program.

Hudson High School is one of 11 area high schools, BOCES, and community-based, at-risk youth programs to implement Scrub Club, which was developed by Catskill Hudson AHEC to introduce high school students to various health occupations as future career options through hands-on activities and meaningful field trips.

Catskill Hudson AHEC is a non-profit organization whose mission is to address regional healthcare workforce shortages through education and collaborative community relationships to assist students, career seekers, and health professions. For additional information on Scrub Club, please visit www.CHAHEC.org/programs.

Hudson Scrub Club Students

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NEWS RELEASE

January 20, 2015
FOR IMMEDIATE RELEASE

SIM Lab Field Trip Inspires Student Career Goals

As part of the Scrub Club curriculum, Catskill Hudson Area Health Education Center (AHEC) arranged to send twenty-six Dover Scrub Club students on a field trip to Albany Medical College Patient Safety and Clinical Competency Center Simulation Lab on January 14, 2015. The Center’s 12,000 square feet of dedicated clinical space offers a wealth of training tools, featuring Laerdal SimMan mannequins that have a wide range of lifelike physiological features—from real tears, dilating pupils, and heart and lung sounds to wireless, real-time responses to drug treatment and procedures.

Upon arriving, students viewed a video and participated in a 20 minute question & answer/discussion session centered on the heart function and health. A “patient” (a specially trained staff member) later remained in character as he presented his physical symptoms to the group and answered student questions about his condition. After the exercise, the staff member came out of character to give the group feedback on how their questioning affected him and what information they had missed during their inquiries.

The Scrub Club students were then led to the simulation lab where they played the role of nurse, doctor, and family member to a remarkably lifelike simulated mannequin, heightening the real-life clinical experience. They started the patient on oxygen, took his blood pressure, started an IV, and monitored his EKG. Lastly, the group was taken to a lab where they experienced auscultating heart sounds, practiced fine motor skills that a surgeon would need, and used an advanced blood pressure/heart rate/blood oxygen meter machine to measure their own vital signs.

This trip proved to be an educational and life-changing experience for the students. “Now I know why I have to study so hard in school. If I want to come to a school like this someday, I will need to get good grades.” stated one student. Additional comments include, “I always thought I wanted to be an OB/GYN doctor, but now I am SURE of it!” and “I learned more here today than in the last week of regular classes!”

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