



Scrubs Club is a program designed to engage students to learn, first-hand, the real-life roles, responsibilities, and rewards of serving in the healthcare field by “test driving” various occupations through the program’s engaging and relatable lesson plans, hands-on activities, thoughtful exercises, and meaningful field trips. Students will learn how to prepare for the job market through personal skills development, documentation preparation, and personal finance review.

Catskill Hudson Area Health Education Center created Scrubs Club in 2012 to enhance high school student knowledge of a broad array of health occupations to encourage them to consider a health career as a future career choice and inspire them to complete their high school education and continue to post-secondary studies or vocational training in health occupations.

We are very excited to report that since the program’s release, Scrubs Club is being utilized by high schools, at-risk youth programs, afterschool programs, community-based career workshops, BOCES, Science & Technology Entry Programs (STEP), and other Area Health Education Centers throughout the United States. Scrubs Club has also been awarded the 2016 National AHEC Organization (NAO) Center Award for Excellence in Health Careers Recruitment and the 2016 AHEC Center Award for Excellence in Health Careers Recruitment.

Early evaluations of the Scrubs Club impact on high school students who utilized the program as a three-year longitudinal club show that, upon graduation, 90% plan to continue their education. Of these students, 85% plan to pursue a health career and 85% of these students stated that participating in Scrubs Club influenced their decision to pursue a health career.

Scrubs Club is a complete program. The curriculum binder and accompanying toolkit contain all lesson plans and materials needed and the instructors do **not** have to have clinical experience to facilitate this program. The easy-to-follow lesson plans and the flexibility of the Scrubs Club program accommodates each individual instructor’s needs and allows the lesson plans to be utilized, as the instructor is able to integrate it. To date, the Scrubs Club curriculum has been utilized as a longitudinal program, as well as integrated into daily class curriculum, as an afterschool activity, and as a multi-school collaboration in organizations throughout New York State and beyond. Scrubs Club also meets New York State Career Development and Occupational Studies Core Curriculum and Learning Standards.

