

**Stroke — it can happen to anyone!**

**Twitter Chat**

**Tuesday, May 9, 2017  
1-2 p.m. ET**

**#StrokeTalk**

*featuring:*  
Dr. Sanjay Gupta, CNN

*with:*  
Dr. Walter Koroshetz, NINDS  
Dr. Janet Wright, Million Hearts®  
Dr. Mai Nguyen-Huynh, Kaiser Permanente

NIH National Institute of Neurological Disorders and Stroke  
Million Hearts®  
KAISER PERMANENTE®

## May is National Stroke Awareness Month

[nih.gov](http://nih.gov) |

### Help us spread the word!

*Stroke is a leading cause of death & can happen to anyone. Control your risk factors to improve your brain health.*

To help promote National Stroke Awareness Month, NINDS is hosting a Thunderclap. If you use Twitter, Facebook, and/or Tumblr please add your support so we can reach as many people as possible with the important message about the link between high blood pressure and brain health. Thunderclap is a social media platform that allows people to come together to amplify a single message by posting it at the same time on Facebook, Twitter, or Tumblr. Once you sign up, Thunderclap will automatically publish the message on your behalf.

### Come chat with us!

*Stroke—it can happen to anyone!*

In observance of National Stroke Awareness Month, NINDS, Million Hearts, and Kaiser Permanente are co-hosting a Twitter chat to discuss stroke risk factors, the importance of keeping your brain healthy, and the latest stroke research. #StrokeTalk will take place Tuesday, May 9, from 1-2 p.m. ET and will be led by CNN Chief Medical Correspondent, Dr. Sanjay Gupta. In addition, these medical experts will be on hand to answer questions:

- NINDS Director, Dr. Walter Koroshetz
- Million Hearts® Executive Director, Dr. Janet Wright
- Kaiser Permanente Research Scientist, Dr. Mai Nguyen-Huynh

Million Hearts®, including the American Stroke Association, will be participating with us on this chat. Remember to use our designated hashtag #StrokeTalk with your posts on Twitter! Follow @NINDSnews for updates about the chat and other information about the brain.

Help us spread the word! Please download our promotional images to share through your social media channels.



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National Institute of  
Neurological Disorders  
and Stroke



If you have any questions or want to join the chat, please contact the NINDS Social Media Team ([NINDSSocialMediaTeam@mail.nih.gov](mailto:NINDSSocialMediaTeam@mail.nih.gov)).

NINDS provides a variety of resources on stroke, including *Mind Your Risks*® which highlights the importance of controlling high blood pressure to reduce risk of stroke and dementia and *Know Stroke* which aims to educate people about stroke signs and symptoms and the importance of reacting quickly. To learn more about these campaigns, visit: