

**Catskill Hudson AHEC:  
A Resource for Students and Teachers**

Catskill Hudson AHEC works with hospitals, community healthcare organizations, and educational institutions throughout our 11-county region to develop and support programs that expose youth to health careers and assist them through their studies to achieve the academic requirements for their chosen health profession.

To date, thousands of medical, pre-medical, Nursing, and health professions students were placed with hundreds of teachers at community-based training sites. Tens of thousands of young people, ages 10-17, have received exposure to healthcare careers and health professionals through the fun and interactive activities of our health career youth programs.

If you are a student interested in learning more about a career in healthcare, or a teacher or preceptor looking to get involved in programs that expose our young people to healthcare professions, please contact us for more information:

Catskill Hudson AHEC  
598 State Route 299  
Highland, NY 12528  
(845) 883-7260 (Tel) • (845) 883-7837 (Fax)  
info@chahec.org  
Find Catskill Hudson AHEC on Facebook  
Follow us on Twitter @CHAHEC

**Our Mission**

*The mission of Catskill Hudson AHEC is to address regional healthcare workforce shortages through education and collaborative community relationships to assist students, career seekers, and health professionals.*

**Our Vision**

*The vision of Catskill Hudson AHEC is an eleven county region that proactively assesses, develops, and strengthens a motivated and diverse workforce to meet the needs of each individual community.*

Connecting Students to Careers,  
Professionals to Communities, and  
Communities to Better Health.

**RESOURCES**

Student Mentoring Organizations

National Students Nurses' Organization:  
<http://www.nсна.org>

Nursing Students' Association of NYS:  
<http://www.nysanys.org>

J&J Discover Nursing Campaign for Nursing:  
<http://www.discovernursing.com>

Education and Training Programs in New York

NYSED Office of the Professions:  
<http://www.op.nysed.gov/prof/nurse/>

Scholarships and Financial Aid Information

NYSED Office of the Professions:  
<http://www.op.nysed.gov/prof/nurse/>  
NYS Higher Education Services Corporation:  
<http://www.hesc.ny.gov>

Information about Nursing Careers

Catskill Hudson AHEC:  
<http://www.chahec.org/resources/nursing-resources>  
NYSED Office of the Professions:  
<http://www.op.nysed.gov/prof/nurse/>

CareerZone:  
<http://www.careerzone.ny.gov/>

# Nursing

A rewarding career choice!



## Explore your Options



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[www.chahec.org](http://www.chahec.org)

## Focus on Careers in Nursing ...

*A major public health challenge for the future of our nation's healthcare system is the increasing aging population.*

*There is currently a nursing shortage in New York State and it is predicted that the need for nurses and other healthcare professionals will continue to increase over the next several years.*

### *Nurses care.*

*They work to promote wellness, prevent disease and assist patients and families cope with illness.*

Nursing is a challenging and rewarding profession that offers flexibility in the work schedule, patient care settings, and specialty focus areas. Students and career seekers alike face many decisions before choosing a profession. Whatever your specific interest may be, a career in Nursing will provide you with a number of options.

Nurses work in a variety of patient care settings outside of the traditional hospital setting. Inpatient settings include hospitals, mental health facilities, long-term care facilities, or rehabilitation centers. Outpatient care facilities include ambulatory care or surgery centers, visiting Nurse services, assisted living communities, primary or specialty care offices, or MRI-Radiology centers. Other health-related settings where a Nurse may work include health insurance companies, government offices, community health organizations, schools or colleges, legal entities, research facilities or pharmaceutical companies.

State laws, institutional policies, certification and licensure specify "scope of practice" which determines what responsibilities, tasks, or functions a Nurse is allowed to perform while working. Nursing responsibilities will

vary depending upon the level of education, training, and certifications achieved. Depending upon the type of Nurse, some Nursing responsibilities may include developing a care plan, administering prescribed medications and treatments, providing care in collaboration with physicians and other health professionals, and monitoring a patient's progress throughout their care. Nurses provide health education for current health concerns as well as preventative healthcare measures. They also serve as advocates for patients, families, and communities. Nurses work to promote wellness, prevent disease and assist patients and families cope with illness.

*Nurses care for the "whole" person.  
They are advocates and caregivers  
for patients, families, and communities.*

### Some Nursing specialty areas include



- Flight Nurse
- Public Health Nurse



- Nurse Anesthetist
- Operating Room Nurse
- Critical Care Nurse



- Pediatric Nurse
- School Nurse



- Geriatric Nurse
- Community Health Nurse

## Career Ladder ...

It is possible to transition into a nursing profession or specialty practice area of your choice. Consider your options in education and training. Scholarships and financial aid may be available to assist you in reaching your educational and professional goals.

### NURSING PROFESSIONS CAREER LADDER

#### Advanced Practice Nurse

5+ Years College/Masters or Doctorate Degree  
(Nurse Administrator / Executive, Nurse Educator, Clinical Nurse Specialist, Nurse Midwife, Nurse Anesthetist, Nurse Practitioner, etc.)

#### Registered Professional Nurse

4 Years College / Bachelors Degree or  
2 Years College / Associates Degree

#### Licensed Practical Nurse

1-2 Years College / Associates Degree or  
Vocational School Certificate

#### Certified Nurse Assistant

High School Diploma / GED and Additional  
Training / Certificate



*[See back of brochure for resources on education, training, scholarships and student organizations]*