



## NEWS RELEASE

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FOR IMMEDIATE RELEASE

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### From high school to health career – Scrubs Club builds pathways in seven US states

The Scrubs Club program was developed by Catskill Hudson Area Health Education Center (AHEC) in 2012 to teach high school students about various health occupations as future career options. It was launched as a 3-year, longitudinal pilot program at Dover High School in Dutchess County, NY during the 2012-2013 school year with 21 student members, which had increased to 30 student members by 2015. Since then, high schools, at-risk youth organizations, and afterschool centers in seven states, including New York, Connecticut, Indiana, Kentucky, Alabama, Wisconsin, and Texas have implemented Scrubs Club.

The success of this program is the result of the engaging lesson plans, hands-on activities, and meaningful field trips that capture the attention of the students, or the versatility of the lesson plans that enable instructors to incorporate the program into daily class curriculum, utilize it as an afterschool activity, or apply it as a longitudinal program.

“Catskill Hudson AHEC has been fortunate to be able to offer the Scrubs Club curriculum to high schools and at-risk youth organizations in need of such a unique program. It is gratifying to now see students from across the United States directly benefit from it.” said Robert Wingate, Executive Director of Catskill Hudson AHEC.

For additional information on Scrubs Club, please visit [www.CHAHEC.org](http://www.CHAHEC.org) or call (845) 883-7260 to speak with a staff member.

Catskill Hudson AHEC is a non-profit organization whose mission is to address regional healthcare workforce shortages through education and collaborative community relationships to assist students, career seekers, and health professions.



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