In previous years, healthcare was greatly focused on illness and costly restorative measures that occurred during hospitalization. In recent years, more emphasis has been placed on decreasing hospitalization and associated costs through cultivating healthy populations through education and healthcare practices that focus on promoting wellness, disease prevention and management of chronic illness in the outpatient setting. The concept of population health lies in supporting a culture of health through various activities that include research to evaluate health-related trends, consideration of socioeconomic and cultural variables, seeking opportunities to provide health education to support wellness and manage chronic disease as well as developing community based partnerships to enhance access to and delivery of care.

The purpose of this program is to provide an educational forum for nurses and other health professionals to discuss the various components of a population health infrastructure and the key role of nurses within this framework toward cultivating healthy communities.

### PROGRAM AGENDA

<table>
<thead>
<tr>
<th>TIME</th>
<th>PRESENTATION/ACTIVITY</th>
<th>PRESENTER</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:30am-9:05am</td>
<td>Registration and Continental Breakfast</td>
<td>CHAHEC Staff</td>
</tr>
<tr>
<td>9:05am-9:15am</td>
<td>Welcome and Introductions</td>
<td>Roxanna Raffa, RN, MS</td>
</tr>
<tr>
<td>9:15am-10:15am</td>
<td>Cultivating Healthy Communities: The Role of the Nurse in Population Health</td>
<td>Patrick Coonan, RN, EdD, MEd, MPA</td>
</tr>
<tr>
<td>10:15am-10:30am</td>
<td>Break</td>
<td>N/A</td>
</tr>
<tr>
<td>10:30am-11:30am</td>
<td>The Role of the Public Health Nurse: Promoting Health Systems for the Prevention of Chronic Disease</td>
<td>Carol Wanyo, RN, BSN, MA</td>
</tr>
<tr>
<td>11:30am-12:30pm</td>
<td>Cultural Competence: Addressing Social Determinants to Improve Access to Health Services</td>
<td>Kenya Beard, EdD, GNP-BC, NP-C, ACNP-BC, CNE</td>
</tr>
<tr>
<td>12:30pm-1:15pm</td>
<td>Lunch and Networking</td>
<td>N/A</td>
</tr>
<tr>
<td>1:15pm-2:15pm</td>
<td>Initiatives for At-Risk Populations: Emergent Issues in Behavioral Health</td>
<td>Anita Daniels, RN-BC</td>
</tr>
<tr>
<td>2:15pm-2:30PM</td>
<td>Break</td>
<td>N/A</td>
</tr>
<tr>
<td>2:30pm-3:30pm</td>
<td>Supporting Autonomy and Continuity Through Care Navigation: A Multidisciplinary Approach for Managing Opioid-Seeking Patients</td>
<td>Ann Marie Gunthow, RN, BSN, CEN, Maria Gonzalez, RN, BSN, CEN</td>
</tr>
<tr>
<td>3:30pm-3:45pm</td>
<td>Conclusion and Evaluations</td>
<td>Roxanna Raffa, RN, MS</td>
</tr>
</tbody>
</table>

This activity has been submitted to Pennsylvania State Nurses Association for approval to award contact hours. Pennsylvania State Nurses Association is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation. This program has been submitted for 5.25 contact hours. The presenters and planners disclose no conflict of interest relative to this educational activity.

### REGISTRATION INFORMATION:
Registration for this event is $70 per individual and $25 per student (students must submit a copy of their student ID with their registration form and payment). You can register in one of two ways:

- Register through Eventbrite at: [https://nursing-summit-2016.eventbrite.com](https://nursing-summit-2016.eventbrite.com), or
- Download the flyer/registration form at [www.chahec.org](http://www.chahec.org) and submit check payment by mail with your completed registration form. You may also call (845) 883-7260 to have the registration form emailed to you.

Additional program information can be found at [www.chahec.org](http://www.chahec.org).

Please direct general questions to Kathy Doyle at 845-883-7260 or kdoyle@chahec.org. NOTE: Building name and parking information will be sent to registrants prior to event.

For information about contact hours, please contact Roxanna Raffa at rraffa@chahec.org. NOTE: To receive credits, participants must attend the entire event. Partial credit will not be given.

Sponsorship provided by: [WMCHealth](http://www.wmchealth.org)
REGISTRATION FORM
Seating is limited.
Early registration is recommended.

Nursing Summit 2016

Cultivating Healthy Communities:
The Role of the Nurse in Population Health

December 2, 2016
8:30AM-3:45PM
Marist College, 3399 North Road, Poughkeepsie, NY

Name: ____________________________

Organization: ____________________________

Address: ____________________________

City: ____________________________

State: ____________________________

Zip: ____________________________

County: ____________________________

Cell Phone: ____________________________

Email (required): ____________________________

How did you learn about this program? ____________________________

Individual Registration = $70.00
Student Registration (must submit with student ID) = $25.00

Please mail the completed registration form with your check payable to:
Catskill Hudson AHEC, 598 State Route 299, Highland, NY 12528
or register through Eventbrite at
https://nursing-summit-2016.eventbrite.com

• Registration deadline is November 21, 2016. No cancellations or refunds.
• Attendees will also receive course materials, continental breakfast, lunch, afternoon snack, and Completion Certificate.
• Lodging: Hampton Inn, 2361 South Road, Poughkeepsie, NY - (845) 463-7500
• Additional program information can be found at www.chahec.org.
• Please direct general questions to Kathy Doyle at 845-883-7260 or kdoyle@chahec.org.

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• For information about contact hours, please contact Roxanna Raffa at rraffa@chahec.org.

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Sponsorship provided by: