

CHAHEC PROGRAM COMMUNITY IMPACT

WE COULDN'T HAVE SAID IT BETTER OURSELVES!



Student quotes ...

- "Scrubs Club focuses on the future and preparing us for the real world/ careers. It motivated and prepared me to make important decisions about careers I didn't even know existed."
- "I knew I wanted to get into the medical field, but, when I joined Scrubs Club, I realized that everywhere you go, you need healthcare. It's a growing field and health professionals are in demand. It's just a great career choice."
- "Scrubs Club was one of the highlights of my school year. Students were eager to come to the sessions where they learned about health career choices. Sessions were held after school, once a month, and I was delighted at the commitment and attendance. The content is fun and the hands-on activities keep the students interested and engaged while learning."

- "Scrubs Club has been great for our students that have a interest in the field associated with medicine. They get the chance to work with each other while exploring various activities. The kids really like what they're doing!"
- "Scrubs Club has helped me eliminate certain careers from perspective career choices and narrow down what I really want to do."

*"Choose a job you love,
and you will never have
to work a day in your
life."*

- Confucius



Attendee quotes ...

- "This is my second year attending AHEC's Nursing Summit. I am impressed with the balance of public health technology, clinical practice topics and presenters. "
- "Very effective at shedding light on the various aspects of DSRIP – good and bad, which better equips me to mediate changes needed at my facility."
- "The program speakers were all excellent. The distributed materials are excellent! Location – particularly this time of year – beautiful and very conducive to this type of gathering/program. "

- "Very informative. I have a better understanding of DSRIP & future roles in nursing."
- "Fabulous speakers. Program was timely and excellent."
- "Excellent program! Highlighted the realities of today's healthcare environment in New York State as well as nationally."
- "Excellent presentations and great networking."
- "Empowering!"
- "Excellent program! Incredible speakers, contemporary content delivered by experts in their fields. Thank you!"

*"The real
opportunity for success
lies with the person
and not the job."*

- Zig Ziglar



Attendee quotes ...

- "Content was excellent. By and far, greatest class I have ever attended. Most engaging class & instructor. Learned more in this class than 10 years in management."
- "Being a middle-manager (lieutenant) is a difficult position. Both sides try to work the middle in positive and negative ways. I'm always trying to find ways to effectively deal with that. This class definitely helped."
- "Information was needed and needs to be disseminated among all EMS providers."
- "Just expanding on the quality of the program. This has been the best-spent time in training in 10+ years of EMS, seven years in management."



2014 - 2015 Annual Report

*The secret of Success is to be ready
for Opportunity when it comes.*

Benjamin Disraeli



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A Partner in the New York State AHEC System

WHAT IS AN AREA HEALTH EDUCATION CENTER?

Area Health Education Centers (AHEC) are not-for-profit organizations that work with community-based partners to address and work toward rebuilding the healthcare workforce by:

- Developing programs and informative resources that familiarize students with various healthcare occupations and encouraging them to pursue the occupation of their choice;
- Providing the means to recruit students into healthcare professions, and;
- Training and supporting health professionals through leadership programs.

More than 45 states have developed Area Health Education Centers since Congress passed authorizing legislation in 1971. Catskill Hudson AHEC was established in July 2003 and is one of nine AHECs in New York State. The Catskill Hudson AHEC 11-county region includes Columbia, Delaware, Dutchess, Greene, Orange, Otsego, Putnam, Rockland, Schoharie, Sullivan, and Ulster counties and is home to 25 hospitals, serving a total regional population of over 1.5 million people.

COMMUNITY IMPACT - PROGRAMS, SERVICES & COLLABORATIONS

In order to address New York State's healthcare workforce shortages, Catskill Hudson AHEC has funded 603 innovative, educational, and motivating health professions programs since our first year of operation in 2003. To date:

- 4,509 medical, pre-medical, nursing and health professions students were instructed by 2,531 teachers/preceptors
- 39,208 young people, ages 10-17, received exposure to healthcare careers and health professionals through the interactive activities of our health career youth programs
- 6,818 health professionals have participated in Catskill Hudson AHEC sponsored continuing education programs

K-12 Student Programs

Catskill Hudson AHEC has developed and implemented many activity-based programs that engage students in didactic sessions, introducing them to various health careers available to them as career choices. Some of these programs are:

- Scrubs Club - High School
- MedQuest - High School
- Pathways to Success - High School
- Who Done It? Solve the Medical Mystery - Middle School

Health Professions, Pre-Medical, Medical Student Programs

Catskill Hudson AHEC has collaborated with several health and educational institutions within our 11-county region to sponsor medical & pre-medical student programs as well as health professions students (nursing) programs. Some of these programs are:

- Medical Student Housing - Medical Students
- BS/DO - Pre-Med Students

Training, Health Professions, & Continuing Education Programs

Catskill Hudson AHEC provides resources and professional development opportunities through training and continuing education programs for health professionals throughout our 11-county region. Some of these programs are:

- Emergency Responder Leadership Academy - Educational program for Emergency Responders
- Career Fitness - Soft-skills workshops
- Cardiovascular Teaching Day - Educational workshop for Health Professionals
- Critical Care Conference - Educational workshop for Nurses
- Columbia-Greene EMS Education Day - Educational workshop for Emergency Responders

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CATSKILL HUDSON AHEC STAFF

Robert H. Wingate - Executive Director
 Katherine Doyle - Program & Marketing Coordinator
 Roxanna Raffa, MS, RN - Nursing Workforce Development Coordinator
 Carolyn Steele - Administrative Assistant

FUNDING FOR YEAR ENDING SEPTEMBER 2015

Contractual/Other Services	\$ 10,882	Personnel	\$ 210,404
Grants	\$ 6,637	Contractual Services	\$ 20,138
Program Revenue	\$ 23,951	Programs	\$ 16,262
Federal and State AHEC Funding	\$ 250,276	Office Lease and Expenses	\$ 18,097
Retained Earnings	\$ 3,648	Other Operating Expenses	\$ 30,493
TOTAL REVENUE	\$ 295,394	TOTAL EXPENSES	\$ 295,394

STATISTICS FOR 2014-2015

ROTATIONS:	
Medical and Pre-Medical Students	40
Other Health Professions Students	328
PROGRAMS:	
Continuing Education Programs	3
Training Programs	2
Pipeline Programs (K-12)	108
Medical & Pre-Medical Programs	18
PARTICIPANTS:	
Health Professionals	135
Pipeline (K-12) Students	3,349
Teachers/Preceptors	336