



NEWS RELEASE

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FOR IMMEDIATE RELEASE

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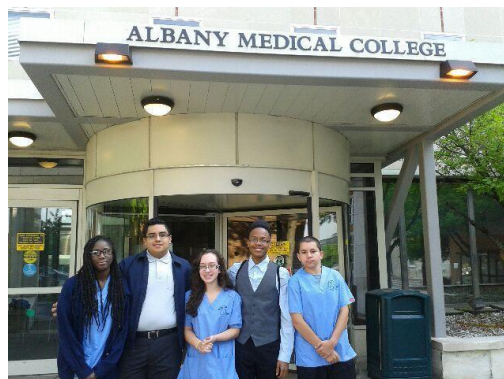
SUNY New Paltz STEP Scholars attend Med Quest 2014

Through sponsorship by Catskill Hudson Area Health Education Center (AHEC), five high school students from SUNY New Paltz's Science and Technology Entry Program (STEP) recently spent a week at Albany Medical College for an in-depth introduction to careers in healthcare through the MedQuest program. These students explored a vast array of health occupations and medical procedures through interactive workshops and hands-on activities, such as suturing, casting, CPR training, and OT/PT rehabilitation. Careers in Emergency Care, Pharmacy, and Nursing were reviewed, and students received training in Safety, Patient Assessment, Diabetes, and Nutrition. Their interest in healthcare as a future occupation was further supported through discussions that included, "What's Med School Like?" and "Getting into Med School."

MedQuest is developed and administered annually by Albany Medical Center, which is northeastern New York's only academic health sciences center and one of the largest private employers in the Capital Region.

"Thank you for the invitation to MedQuest. I had a BLAST at camp, learning so many great tips and information about healthcare and prepping for college! Something that truly caught my attention was a lecture about getting involved in research. A spark of interest came upon me." stated Alexis Baergas, STEP student and MedQuest attendee.

Catskill Hudson AHEC is a non-profit organization whose mission is to address regional healthcare workforce shortages through education and collaborative community relationships to assist students, career seekers and health professionals. For additional information about Catskill Hudson AHEC programs, please visit www.chahec.org or call (845) 883-7260.



From left to right: Dentonai Downer, Jhonn Borbor, Alexis Bageras, Gian Graham, and Antonio Sanabria.

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