



NEWS RELEASE

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FOR IMMEDIATE RELEASE

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Schoharie Scrub Club Explores Direct Patient Care

On December 16th, Schoharie Scrub Club (a collaboration between Cobleskill-Richmondville, Middleburgh, and Schoharie High Schools) held its third Scrub Club session conducting the “Careers in Direct Patient Care” Scrub Club lesson plan at the Schoharie campus of the Capital Region BOCES Career and Technical Education School (CTE).

“Students really seemed to enjoy the video learning about the different career choices.” stated Stacey Simeon, school Nurse at the Middleburgh Central School District and Scrub Club faculty advisor. It generated a lot of questions about college preparedness and their futures.” Students also participated in exercises that simulated vision and hearing impairment, loss of range of motion, and limitations of the elderly patients. "Students had a lot of fun with these exercises and realized how difficult their everyday tasks would be if they had a sensory deficit and how much they take their abilities for granted."

The Scrub Club program was developed by Catskill Hudson Area Health Education Center (AHEC) during 2012 and was designed to introduce high school students to various health occupations as future career options through hands-on activities and meaningful field trips.

Scrub Club has been implemented in 6 area high schools, two BOCES, two community-based, at-risk youth programs and the SUNY New Paltz Science and Technology Entry Program (STEP) within the Catskill Hudson AHEC 11-county region. The Scrub Club curriculum is very versatile and can be utilized as a longitudinal program, afterschool activity, or can easily be incorporated into daily school curriculum. The Schoharie Scrub Club and the Club meets once a month and utilizes Scrub Club as a longitudinal program.

Catskill Hudson AHEC is a non-profit organization whose mission is to address regional healthcare workforce shortages through education and collaborative community relationships to assist students, career seekers, and health professions. For additional information on Scrub Club or other Catskill Hudson AHEC programs and services, please visit www.CHAHEC.org/programs or call (845) 883-7260 to speak with a staff member.

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