



NEWS RELEASE

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FOR IMMEDIATE RELEASE

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Dover Scrub Club Practices Teamwork

On April 11, 2013, eighteen members of Dover Scrub Club learned about the challenges and rewards of working together during the Teamwork session of the series of afterschool Scrub Club activities. The objective of this activity was for students to have a first-hand learning experience of the importance of working together as a team in all aspects of life using effective communication to complete tasks successfully.

Scrub Club was conceptualized by Catskill Hudson Area Health Education Center (AHEC) and developed in collaboration with the Foundation for Community Health. It is designed to help high school students build solid futures by introducing them to a broad array of healthcare careers through interactive programs, hands-on activities, and meaningful field trips.

During this session, students viewed the Virtual Hospital Tour on DVD as they followed a patient's admission to the hospital for a broken leg that required surgery, through the various departments of the hospital for treatment, to the patient's discharge and follow-up. Students learned that, although each department of the hospital and health profession had their own specific contribution to the patient's care, they worked together as a team for the best patient outcome. They also learned about various health occupations and their relation to the process of the patient's recovery.

Following the Virtual Hospital Tour video, students watched a presentation that reiterated the importance of teamwork, and became engaged in activities to demonstrate working together as a group. The activities included maneuvering a hoop around a circle of students without breaking the circle, and an exercise where the students had to write a word or statement as a team, using one writing instrument. Students found these activities challenging and fun.

Catskill Hudson AHEC is a non-profit organization devoted to improving the quality, geographic distribution, and retention of healthcare professionals and stimulating interest in health professions careers through innovative programs across its 11-county service area.

Organizations interested in becoming a Dover High School Scrub Club sponsor or schools in need of information on how to obtain this program should contact Catskill Hudson AHEC at (845) 883-7260.