



NEWS RELEASE

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FOR IMMEDIATE RELEASE

CONTACT: Katherine Doyle
Catskill Hudson AHEC
kdoyle@chahec.org
(845) 883-7260

Dover Scrub Club – Careers in Direct Patient Care

On March 14, 2013, 19 Dover Union Free School District high school student members of the Scrub Club gathered in Miss Murray’s classroom for the third session of this health career-based program. The focus for this session was *Careers In Direct Patient Care* and activities involved sensory experiences such as diminished vision, hearing loss, limitation of movement, and an exercise on the effects of dementia and dyslexia.



Scrub Club students participate in an exercise to give them a realistic view of the possible effects of dementia or dyslexia.

Scrub Club was conceptualized by Catskill Hudson Area Health Education Center (AHEC) and developed in collaboration with the Foundation for Community Health. It is designed to help high school students build solid futures by introducing them to a broad array of healthcare careers through interactive programs, hands-on activities, and meaningful field trips.

“In an after school pilot program, such as this one, we knew there was a possibility that some students might drop out,” stated Kathryn Reed, Executive Director of Catskill Hudson AHEC. “But, that hasn’t been the case at all,” she added. “Scrub Club began with 20 students in January 2013 and all 20 students are still actively involved. In addition, three more students expressed interest in joining Scrub Club and were recently accepted into the Club.”



Students also enjoy the hearing loss exercise.

Catskill Hudson AHEC is a non-profit organization devoted to improving the quality, geographic distribution and retention of healthcare professionals and stimulating interest in health professions careers through innovative programs across its 11-county service area.

Organizations interested in becoming a Dover High School Scrub Club sponsor or schools in need of information on how to obtain this program should contact Catskill Hudson AHEC at (845) 883-7260.