



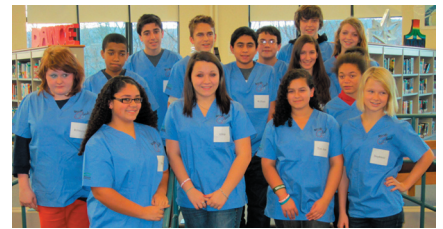
## NEWS RELEASE

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FOR IMMEDIATE RELEASE

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### **Dover Scrub Club Kickoff Mixer**

Catskill Hudson Area Health Education Center (AHEC) of Highland, New York, launched Scrub Club at a Student Mixer on December 12, 2012. Fourteen Dover High School students and 6 parents/guardians were in attendance. The Mixer was organized to provide a forum for Scrub Club students to meet each other and to review the 2013 program schedule. Parents had the opportunity to observe a student ice breaker exercise, ask questions, and learn more about the program. Students were presented with Scrub Club scrub tops at the end of the Mixer that they will be able to wear throughout their 3 year participation in the program. One of the students commented that they were "Excited to see what's next."



A total of 20 students were accepted to participate in Dover Scrub Club. Some of the students were unable to attend the Mixer, but many sent emails stating that they are looking forward to the next session, which is scheduled for January 17, 2013. Sessions will be held on the second Thursday of each month thereafter.

Scrub Club was launched as a pilot program initiated in the Dover Union Free School District. It is designed to help high school students build solid futures by introducing them to a broad array of healthcare careers through interactive programs, hands-on activities, and meaningful field trips. The goal is to engage students through encouragement and mentoring programs to demonstrate that continuing their education beyond high school can be meaningful, engaging, and relevant to their future. By fostering long-term partnerships among businesses, educators, community-based organizations and parents, Scrub Club helps prepare young people to meet the challenges and requirements of careers in the healthcare industry in today's knowledge-rich society.

The Scrub Club program was conceptualized by and developed in collaboration with the Foundation for Community Health. Scrub Club sponsors include the Foundation for Community Health, the Eastern Dutchess Rural Health Network, Kaye Surman, Councilwoman for the Town of Dover, Hudson River Healthcare, Tabor Foundation Fund, Northeast Dutchess Fund, Lions Club of Dover Plains, First Student Inc., and Select Sportswear Co. Organizations interested in becoming a Scrub Club sponsor are encouraged to contact Catskill Hudson AHEC at (845) 883-7260.

Catskill Hudson AHEC is a non-profit organization devoted to improving the quality, geographic distribution and retention of healthcare professionals and stimulating interest in health professions careers through innovative programs across its 11-county service area.

