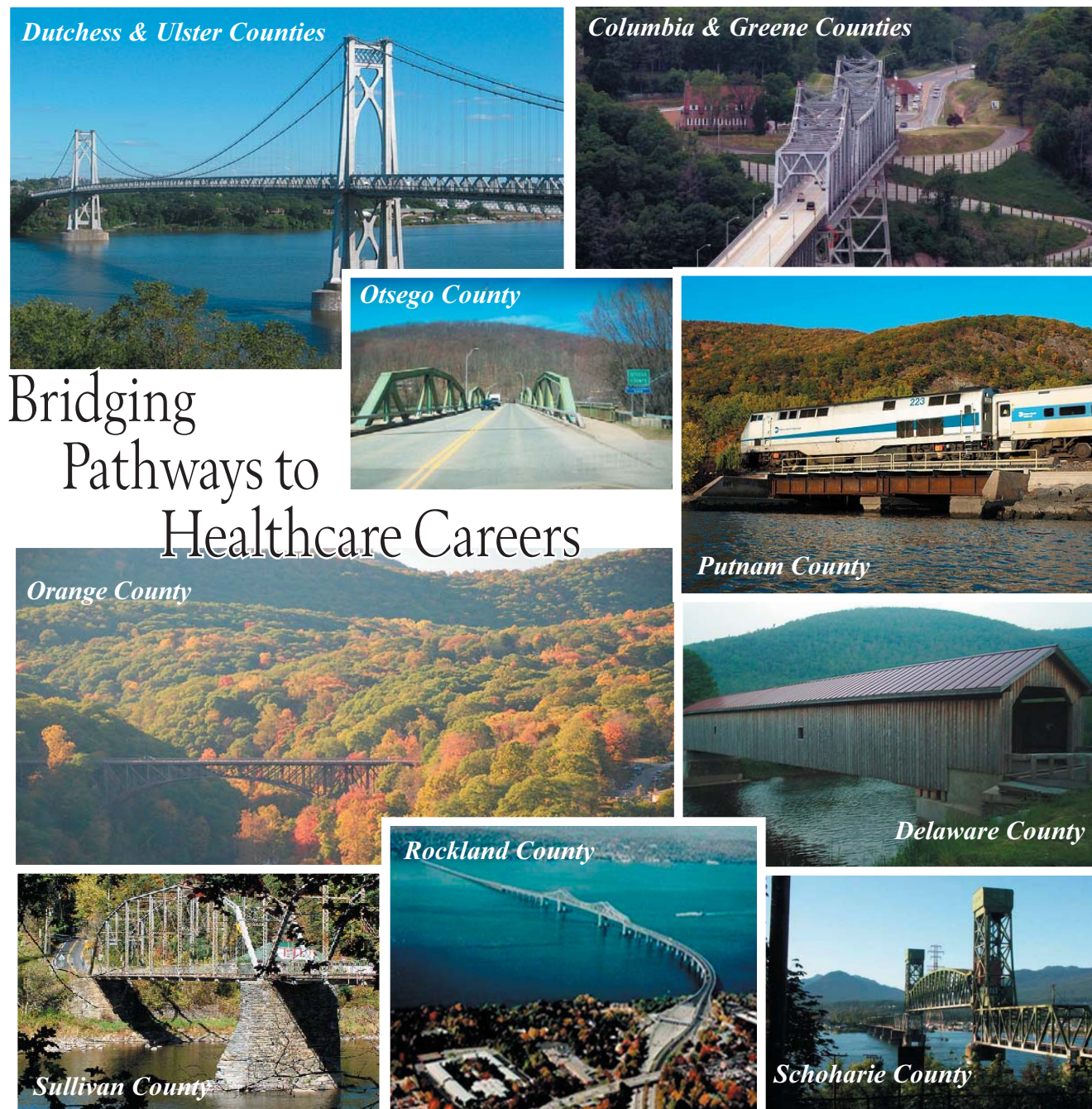


Catskill Hudson Area Health Education Center

2009-2010 Annual Report



Bridging
Pathways to
Healthcare Careers

Catskill Hudson AHEC Funding - Year Ending September 30, 2010

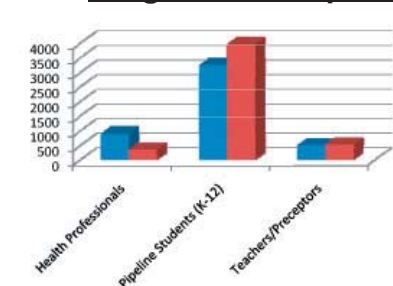
Contractual Services	\$3,432	Personnel	\$251,061
Grants	\$128,569	Contractual Services	\$12,140
Program Revenue	\$10,838	Programs	\$14,914
Federal and State AHEC Funding	\$305,555	Travel	\$2,518
TOTAL REVENUE	\$448,394	Office Lease and Expenses	\$18,177
		Grants	\$99,264
		Other Operating Expenses	\$35,282
		TOTAL EXPENSES	\$433,356

Catskill Hudson AHEC Statistics

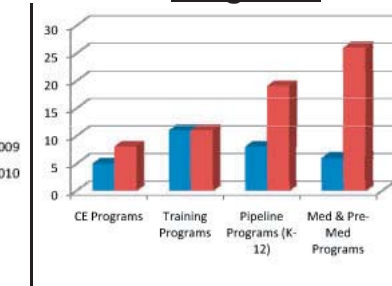
	2009-2010
ROTATIONS:	
Medical Students	130
Pre-Medical Students	125
Other Health Professions Students	166
PROGRAMS:	
CE Programs	8
Training Programs	11
Pipeline Programs (K-12)	19
Med & Pre-Med Programs	26
PARTICIPANTS:	
Health Professionals	363
Pipeline Students (K-12)	3964
Teachers/Preceptors	540

Although Catskill Hudson AHEC experienced a 10% State funding cut for the 2009-10 fiscal year, we were successful in expanding programs, participants and rotations in most of our focus categories. Health Professional and medical student participation was down this year due to cuts in education institutions and hospital facilities for continuing education programs.

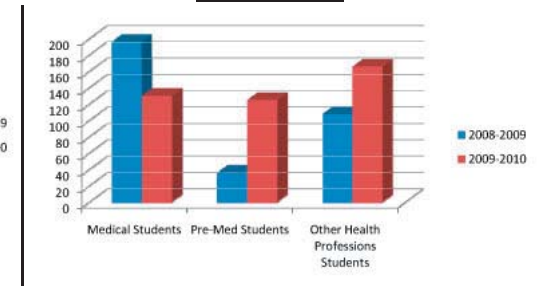
Program Participants



Programs



Rotations



HEALTHMATCH

2009-10 was an exciting year for Catskill Hudson AHEC. We launched our **HEALTHMATCH** service as a demonstration project, made possible by the New York State Department of Health under the Health Efficiencies and Accountability Law for New Yorkers (HEAL NY) grant program. The success of this project will be replicated across other communities within the Catskill Hudson AHEC 11-county region. **HEALTHMATCH** is a community-specific health professional placement services, involving key stakeholders of communities in need in the recruitment process.



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The Catskill Hudson AHEC Community Impact

Catskill Hudson AHEC recognizes that costs savings in these times is critical and that every dollar counts. Community economic development is inextricably linked to viable health care delivery systems. Community-based AHECs are positioned as effective liaisons and facilitators to build partnerships between the supply side (secondary and post-secondary schools) and the demand side (health providers and communities) for health care workers. A strong healthcare system is a crucial part of the community's economic infrastructure.

To that end, it is important to point out the successes of Catskill Hudson AHEC:

- In 2009-10, for every \$1.00 of State funding, Catskill Hudson AHEC leveraged \$3.00 of federal, local, and contract funding invested in programs to address health workforce shortages. In 2009 alone, Catskill Hudson AHEC secured a two-year HEAL NY 9 grant in the amount of \$200,000.00 toward physician and health professional recruitment and retention.
- Catskill Hudson AHEC has sustained record levels of outreach training for over 37,000 grade K-12 students, health professions students, and health professionals across its 11-county region. Since its inception in 2003, Catskill Hudson AHEC has developed more than 271 educational programs involving:
 - ▶ 1,061 medical and pre-med students and 1,489 nursing and health professions students that were placed with 697 teachers at 183 community-based training sites.
 - ▶ 30,898 young people, ages 10-17, that received exposure to health careers and health professionals through interactive activities in career pipeline programs.
 - ▶ 4,208 health professionals participated in Catskill Hudson AHEC-sponsored training and continuing education programs.

Making all of New York State a campus, the NYS AHEC System works with 110 academy institutions, 242 elementary/secondary schools, 239 hospitals/healthcare systems/clinics and 197 community organizations, government agencies, and businesses.

The strength of the NYS AHEC System and Catskill Hudson AHEC is evident in the continued formation of strong community alliances, the development of significant programs, and the provision of valuable services that promote notable improvement in the health workforce for all New York residents.

Quotes From Catskill Hudson AHEC Program Attendees

"[This program] Should be required to renew license, excellent, fun, interactive, great way to present to audience so that it sticks."
"Excellent presentations, should be put out to all nurses."

"I will attend another conference given by this provider."

"Speakers well versed-appreciate their ability to relate to NYS rather than global perspective."

"Excellent presentations-very appropriate materials and topics with thought provoking discussions."

"Loved the hands-on activities. I learned a lot."

"This experience has forever changed my perspective as a future healthcare provider."

"I can [now] better understand how an individual's life gets consumed with a chronic illness and how to respond in this regard."



What is an Area Health Education Center?

An Area Health Education Center (AHEC) is a not-for-profit organization that works with community-based partners to address and work toward rebuilding the declining healthcare workforce by:

- Developing programs and informative resources that familiarize students with various healthcare occupations and encouraging them to pursue the occupation of their choice,
- Providing the means to recruit students into healthcare professions,
- Training and supporting healthcare professionals, and
- Advocating the elimination of health disparities.

More than 45 States have developed Area Health Education Centers since Congress passed authorizing legislation in 1971. Catskill Hudson AHEC was established in July 2003 and is one of nine AHECs in New York State. The Catskill Hudson AHEC 11-county region includes Columbia, Delaware, Dutchess, Greene, Orange, Otsego, Putnam, Rockland, Schoharie, Sullivan, and Ulster counties and is home to 29 hospitals, serving a total regional population of over 1.5 million people.

The Catskill Hudson AHEC Mission and Vision Statements

Catskill Hudson AHEC's mission is to address regional healthcare workforce shortages through education and collaborative community relationships to assist students, career seekers, and health professionals.

The vision of Catskill Hudson AHEC is to foster an 11-county region that proactively assesses, develops, and strengthens a diverse and motivated workforce to meet the needs of each individual community.

Catskill Hudson AHEC Board of Directors and Staff

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